

FALCON FAMILY NEWS

A MESSAGE FROM THE DEANS OF STUDENTS

DEAR CB FAMILIES:

In the [2017-18 Parent-Student Handbook](#), the Student Honor Code states:

"Christian Brothers High School students demonstrate reverence to God, respect the dignity of others, and willingly accept full responsibility for their actions as members of our Catholic, Lasallian community." (pg. 23)

This honor code is the guiding principle and expectation for CB student behavior everywhere, on and off campus, at all times. The honor code includes several bullet points that state more specific expectations. One particular point that has become the hallmark of our CB school community is that, "students treat the entire school community with kindness, courtesy, and a helping hand." We expect that everyone, students and staff alike, start from a place of kindness and respect with each person we encounter. As Deans of Students, we talk with students about poor choices and making corrections. We always return to the expectation of our honor code and encourage students to make their best contribution to our school community.

The Parent-Student Handbook also includes basic expectations for following school rules, as well as guidelines for being successful at school every day. To encourage your student's greatest success, please pay attention to these specific items:

- **Be on time to class!** Each student may be late to class two times each semester for an unexcused reason without consequence. For every third and subsequent tardy, the student is required to serve a 30-minute after school detention. Students reaching 10 tardies in a semester serve a three hour Saturday detention. Important things happen in classes as soon as the bell rings; we expect students to be on time and ready to learn.

- **Be in dress code!** All the specifics of dress code can be found on pages 20-22 of the Handbook. Please remember that CB shirts must always be worn. Pants must fit properly around the waist, and have pockets and seams down the leg. Shorts must be longer than mid-thigh. Shoes must completely enclose the foot. Students may NOT wear blue or black denim jeans, sweats, leggings, yoga pants, flannel shirts, sandals, hats and many other items listed on page 21.

- **Be a good digital citizen!** Phones and iPads have their place on campus when used respectfully and at the right times. Encourage students to make smart and positive choices with social media accounts, as well as when texting and using their cameras. Please be familiar with the Social Media Policy and the Harassment Policy on pages 25-28 of the Handbook.

It is a pleasure to be part of the CB community every day and guide students in their journey to maturity. We value our partnership with parents and guardians and look forward to working with you this school year!

Live Jesus in Our Hearts,



Cecilia Powers
Dean of Students



Michael McCarthy '80
Dean of Students

INSIDE THIS ISSUE

- Counseling and Guidance
- Campus Ministry
- Christian Service
- Student Activities
- Athletics
- Media Visual & Performing Arts
- Vocations
- Advancement
- Falcon Family Faces

Welcome to Christian Brothers, all new and returning families! Counselors are busy helping students plan strategies for academic success and distributing a substantial amount of college planning information. Each grade-level counselor is scheduling individual and/or small group conferences with his/her students, so all students will be seen by their counselor this semester.

FRESHMEN

Mr. John Riley-Portal (Class of 2021 Counselor) will be having all freshmen complete the "Learning Styles Inventory" on [Naviance/Family Connection](#) by mid-September. The freshmen will then be able to access this very important website for college and career planning and personal awareness. Mr. Riley-Portal will also be handing out a packet of helpful information to the frosh regarding how to be successful at CB and how to utilize their counselors. This will take place during their pre-scheduled small-group conference sessions. On Tuesday, September 12, at 6:00 p.m. in the George Cunningham '40 Performing Arts Center the counselors will be hosting all freshmen parents for **"Making the Most of High School."** We will give parents a preview of what to expect from the Counseling Department over the next four years and we will discuss important issues concerning academic, personal and college counseling.

SOPHOMORES

Mr. Armando Diaz (Class of 2020 Counselor) will have the sophomores complete "Do What You Are," a personality profile/career interest survey on [Family Connection](#). He will also be handing out the Student Guide to the Pre-ACT for the October 11 test. It will include sample questions and a practice test that gives students a preview of the full-length exam.

JUNIORS

Mr. Kirk Purdy (Class of 2019 counselor) will be visiting junior English classes along with our college counselors, Ms. Melissa McClellan and Mrs. April Melarkey, to discuss college planning. Juniors will have many tasks to do on [Family Connection](#) this year including the "Career Interest Inventory." They will be receiving their Official Guide to the PSAT/NMSQT so they can prepare for the October 11 test.



SENIORS

Mrs. Moskat (Class of 2018 Counselor), Ms. Melissa McClellan, and Mrs. April Melarkey have already started visiting the senior English classes to give out very specific information on how the counselors will assist them in the college application process. The department will be hosting **"College Night for Seniors and Parents"** on Wednesday, September 6, at 6:00 pm in the George Cunningham '40 Performing Arts Center to present important and timely college information to seniors and their parents.

Other Reminders

Monitor these early weeks of school and make certain your son or daughter attends to the following tasks:

- **Juniors and seniors** should consider **scheduling visits** to the colleges they haven't yet seen. Students are allowed two excused days to visit colleges, but must complete the proper paperwork in advance. Seniors will soon be refining their list of "target," "reach," and "safety" colleges and initiating the application process.
- Make sure your student **listens to and reads the daily announcements, watches KBFT, and checks the CB website** to hear about college events presented by specific colleges/universities and the dates and times for our **college application workshops**. Remind them to sign up on **Family Connection** for any of the many college rep visits that will be held on our campus and to [attend the Private and Parochial College Fair at CB on Monday, September 18, from 6:30 p.m. to 8:30 p.m.](#) Jesuit will also be hosting a smaller college fair with only Jesuit colleges on **Thursday, September 21, from 7:00 p.m. to 9:00 p.m.**

Test Prep for SAT and ACT:

- [See fliers on the Counseling page on the CB website.](#)
- [Refer to the Counseling page on the CB website for SAT and ACT registration and test dates.](#)

HAVE A GREAT YEAR AND LET US KNOW HOW WE CAN BE OF SERVICE TO YOU!



CAMPUS MINISTRY

Welcome to the new school year...Campus Ministry is off and running! Christian Brothers kicked off its new school year with a wonderful "Building the Bridge As We Walk On It!" theme, complete with Legos galore! Many thanks to the God Squad for their energy and creativity in planning of our first prayer service of the school year.

Prayer & Worship

- The first Family Liturgy of the year is hosted by our Freshman Student Council. **All freshmen and their families are invited to join us on Sunday, September 17, at 9:30 a.m. for the Frosh Family Liturgy in the George Cunningham '40 Performing Arts Center.** A continental breakfast will be served in the cafeteria immediately following. We hope to see you there!
- On Thursday, September 21, at 9:45 a.m., please join us for an all-school liturgy as we kick off the **Lasallian Days for Peace** in the Ron Limeberger '53 Gymnasium. Students are required to wear a polo shirt and pants for liturgy dress.
- **On Wednesday, September 27, we invite all students, staff, and parents to join us for See You at the Pole.** See You at the Pole™, a global day of student prayer, began in 1990 as a grass roots movement with ten students praying at their school. Twenty seven years later, millions pray on their campuses on the fourth Wednesday in September. It is simply a short time of prayer before school to lift up our friends, families, teachers, school, and nation to God. We will begin our prayer service in front of the Chapel at 7:30 a.m. Please consider starting off your morning by joining us for this special time of prayer!

Retreats

- **Frosh All Class Retreat....**The Class of 2021 will share their all-class day of retreat on Friday, September 15, at the Scottish Rite Center in Sacramento. The retreat day will run from 8:30am- 2:30pm and **parents are responsible for providing transportation to/from the retreat site. Frosh must bring a lunch/drink and should wear jeans or dress code approved shorts along with their class spirit shirt.**
- **Kairos Retreat registration is happening NOW for Seniors.** Registration is done online via the CB website, where you will see the [link for permission forms and a payment link](#). There are plenty of spots available on the November and March Kairos Retreats. January has less than 10 spots remaining. Please contact Mrs. Yearwood at jyearwood@cbhs-sacramento.org with questions.

Volunteers needed..... Christian Brothers is once again serving as this year's host for the annual Diocesan Fired Up Confirmation Conference for youth on November 4 & 5. We are looking for students and parents who would like to serve as part of the volunteer team for the weekend. Service hours count for this event. Please email Mrs. Yearwood if interested.



TEST PREP FOR SAT AND ACT

There are several ways to do test preparation prior to taking college entrance exams.

- Saturday on-campus SAT prep class with CB English and Math teachers.
- Saturday/Sunday on-campus ACT Boot Camp by Tried and True Tutoring.
- Use the free test prep materials provided by the test company (including a "question of the day" e mail).
- Purchase prep books printed by the test company or other test-prep companies.
- Take off-campus courses or tutoring, or do online courses or tutoring (for a list, please contact the Counseling Department).

If you have any questions, please feel free to contact anyone in the Counseling Department!

SAT Test Date

October 7 (at CB)
November 4
December 2

Deadline to Register

September 8
October 5
November 2

ACT Test Date

October 28 (at CB)
December 9

Deadline to Register

September 22
November 3

Enter to Learn, Leave to Serve

Freshman Service-Learning

Mr. Symkowick-Rose's B & F sets will be walking to the Sacramento Food Bank and Family Services on Wednesday, September 13, and Thursday, September 14, to volunteer in the Clothes Closet. This is mandatory activity, as it is connected to assignments within the classroom. Students may not claim this activity as service hours.



A couple of reminders: Students must wear their teal spirit shirt along with shoes that cover the whole foot. Remember to stay mindful when crossing the streets. If you are a parent and are interested in participating, please contact Mr. Symkowick-Rose at csymkowick-rose@cbhs-sacramento.org. Please see the [Christian Service website](#) for any further clarification or email Jennifer Lystrup at jlystrup@cbhs-sacramento.org.

Ven-a-Ver

Juniors: All Ven-a-Ver applications should be submitted on Schoology by Friday, September 1. Interviews will begin on Wednesday, September 6, after school in room 105. For further questions or information please email jlystrup@cbhs-sacramento.org

Lasallian Youth

If you are interested in joining Lasallian Youth, please see Mr. Elorduy in room 202. Lasallian Youth activities will start during the month of October.

Seniors

If you have 100+ hours in service and want the hours to appear on your transcript, please have everything completed online by Tuesday, October 3. All hours must be verified online by the activity supervisor. Hours not verified online won't be approved.

SCHOOL SCHEDULE REMINDER

Be sure to keep track of Thursday start times, school closures and minimum days in September!

- Monday, September 4- School Closed for Labor Day
- Thursday, September 7- 9:00 a.m. Start
- Thursday, September 14- 9:00 a.m. Start
- Friday, September 15 is a minimum day, with school dismissal at 12:20 p.m.
- Thursday, September 21- 8:00 a.m. Start
- Thursday, September 28- 9:00 a.m. Start

HOLY BOWL PARKING LOT PARTY



Saturday, September 9, 2017
1:00 p.m. to 6:00 p.m.

Sac City College Parking Lot, just outside of Hughes Stadium Look for the blue and white tents!

Games: 2:00 p.m. (Frosh); 4:30 p.m. (JV); 7:00 p.m. (Varsity)

Free BBQ hotdogs and hamburgers will be provided. In the spirit of sharing and inclusivity, please bring a food item with you to the event (enough for 10 people). Food item ideas include: chips, cookies, salad, sodas, rolls, or a side dish. We are also looking for parents to volunteer at the event. [Interested parents may sign up here.](#)

Questions? Please contact Natalie Reyes Boylan '09 at nreyes@cbhs-sacramento.org.

Free Food, Friends, Fun And Of Course, CB Spirit!

Attendance Office Communication

Student home sick or out for family matter?

Call 916-733-3625 and let us know.

Student coming in late and driving him/herself?

Call 916-733-3625 and let us know or send him/her with a note.

Student needs to leave school early?

Bring note to Attendance Office before school if possible and student is given an Early Dismissal slip to present to teacher.

Forgot to send the note?

Call 916-733-3625 and let us know ASAP!

Student parking on campus?

All cars parked on campus during the day must have a student parking permit. Please see Ms. Pierson in the Attendance Office to purchase a permit.

Building Bridges

Student Council is using this school year's theme of "Building the Bridge as We Walk on it" to build bridges between upper division and lower division students. We have a new club called "Falcon Family," where seniors and freshmen will be enjoying lunch together on the Main Lawn on Thursdays. This is an opportunity for students to make friends and learn of upcoming events at school.



Blue Out Day!

Student Council will be hosting activities during all-school lunch on the Main Lawn on Thursday, September 7, in anticipation of Holy Bowl. We will celebrate with Blue Out Day and a rally on Friday, September 8. The entire school is encouraged to dress in blue to show support for our football teams. **All students may wear jeans (no rips or holes) along with an appropriate blue shirt on September 8 in celebration of Blue Out Day.**



PEACE, LOVE & BUNCO Back by popular demand, we've added a second FAMILY BUNCO NIGHT to be held on campus on Wednesday, September 27, from 6:00-8:30 p.m. in the Cafeteria. Come dressed in your favorite TYE-DYE clothing and accessories! Don't miss out on this evening of good ole' family fun, snacks, and prizes! Cost is \$10 per family. Please register through the Ticket Hub on the CB website by September 15.



For more information on the events in September, please follow the daily bulletin and check on the school calendar located on the CB website.

Congratulations to Polo Lopez '08 and Rich Henning '78 who were selected as the IHE (Integrity • Honor • Excellence) Coaches of the Year for the 2016-17 season!

Upcoming Events

The next few weeks have some big events on tap:

- **September 5- Women's Golf** vs. Mira Loma at Bartley Cavanaugh (3:30 p.m.)
- **September 9- Football: Holy Bowl** at Hughes Stadium – (Frosh- 2:00 p.m./JV-4:30/Varsity-7:00 p.m.)
- **September 15- Women's Water Polo** at Sierra College
- **September 19- Women's Tennis** vs. Casa Robles at Laguna Racquet Club (3:30 p.m.)
- **September 26- Men's & Women's Water Polo** at Sacramento City College vs. Rio Americano
- **October 4- Cross Country League Meeting** at Granite Regional Park (3:30 p.m.)
- **October 6- Holy Court: Women's Volleyball** vs. St. Francis at Christian Brothers- Freshmen at 4:00 p.m., JV and Varsity to follow

Announcements

- **Sport Passes are now on sale:** You may purchase a lifetime or season sport pass through the [Ticket Hub on the CB website](#).
- **Frosh Parents Counseling Night & Athletic Orientation** will take place on Tuesday, September 12, from 6:00 p.m. to 8:00 p.m. in the George Cunningham '40 Performing Arts Center.

Holy Bowl

The 46th annual Holy Bowl football game against Jesuit is on Saturday, September 9, at Hughes Stadium. Freshmen play at 2:00 p.m., followed by JV at 4:30 p.m. and Varsity at 7:00 p.m.

Holy Bowl tickets will be available for purchase at [holybowl.com](#). The Athletic department will also be selling Holy Bowl tickets on September 6, 7 and 8 during both lunches in the Ron Limeberger '53 Gymnasium ticket booth. Get to the games early to enjoy the **Holy Bowl Parking Lot Party** just outside of the stadium entrance. Face painting, corn hole, music, CB spirit wear and free food will be available and all are welcome to attend. *In the spirit of sharing and inclusivity, please plan to bring a side dish for 10 people such as chips, salad, cookies, etc.* More information is available under the [News Section on the CB homepage](#).



Start Your Year with the Arts!

As a new school year begins, the Arts are starting up, too. There are many ways for students and parents to get involved. Here is what's coming up in September:

KBFT will begin streaming the Talon Morning News on their YouTube channel every Monday, Wednesday and Friday at 9:35 a.m. beginning Wednesday, September 6. This is their 16th season, bringing you the best in Christian Brothers reporting.

FRIENDS OF THE ARTS (FOTA) will have their first meeting on Tuesday, September 5, at 6:30 p.m. in room 305. FOTA is a parent support organization for CB artists, providing scholarship funds for extracurricular arts pursuits and support for arts events. If you can't make this one, meetings are held the first Tuesday of every month, same time and place. Hope to see you there!

HAMLET AUDITIONS are September 12 and 13 from 3:00 p.m. to 5:30 p.m. in the George Cunningham '40 Performing Arts Center. While some major roles were cast in the spring, there are a number of roles available for students willing to take a shot at some Shakespeare. No preparation of material necessary. Just show up and give it your all!



CB ARTS ACCOMPLISHMENTS

- CB Arts has a lot to be proud of. Over the summer, three students, **Brandon Luong '19**, **Charlotte Stiplosek '20** and **Alex Vasilyev '19**, competed in the Junior Olympics of Ballroom Dance, receiving medals for their efforts.
- Recent graduate **Ian Ferrell '17** was recognized with an Outstanding Performance Award at the prestigious New York Musical Festival for his role in "Generation Me," a new musical.
- Christian Brothers Theatre's 2016-17 season was also recognized with 18 Elly Award nominations, the most in school history. **Gray Schubert '17**, **Monica Thayer '17**, **Ian Ferrell '17**, **Jacob Cherry '18**, **Jenn Roberts '18**, and faculty **Michael D. Jackson** and **Heather Christianson '01** were honored with individual nominations in performance, direction, and design. To hear more about these achievements and more, check out our new [Arts blog on the CB website!](#)



VOCATIONS

Donna Adam

Mrs. Donna Adam has been a familiar face and voice around Christian Brothers for 17 years. In fact, if your call goes to the Main Office voicemail, you will hear her voice.

Mrs. Adam studied at San Jose State and Sacramento State; she earned a bachelor's degree in art education with a minor in art history. She describes, "My unwavering goal has been to educate people about art in all forms. It's more enjoyable to visit a museum when you understand how to view art by understanding the elements and principles of how and why art is created. The next step is to teach all ages that art is beyond the walls of a museum and present in our everyday lives."

Before being hired as an administrative assistant in 2000, Mrs. Adam was a CB parent. She got involved quickly when her children started at CB. She recounts, "I felt welcomed at the school and found volunteering was a wonderful way to meet other parents and become involved on a deeper level. Two parents of alumni, Janet Ruggiero and Helen Pierson, inspired me to model my future coordination of parent groups after them and make it fun for parents to interact with the school." Today, she is the proud of parent of three alumni children and future alumni grandchildren. Over the years, Mrs. Adam has been involved at CB in a variety of ways. She worked five years in the Advancement Office, and

has been working in the Main Office for the past twelve years. In addition to those duties, her primary role has been to help students, parents, staff, alumni and members of the Sacramento community become educated about CB, to answer questions, and to find solutions. Recently, Mrs. Adam was given the honor to implement and teach the AP Art History course. She was humbled by the opportunity. In describing her vocation of teaching, she says, "Teaching is a gift to give and receive. I felt my lifelong path had led me to that moment to be able to share a deep passion of the creative process. I hold teachers in the highest regard because much of their work is unseen in preparation for class and their own continuing education. More importantly is the result of seeing a student have an 'ah-ha' moment when all the dots connect and you see the realization of your hard work."

Mrs. Donna Adam has truly found a vocation that is fitting for her and her passions, for as she explains, "I have loved coming to school every day for 17 years. I strongly feel that my previous work experiences set me on a path to learn different skills that I would be able to use at Christian Brothers."



AUCTION COMMITTEE MEETING



Tuesday, September 5
5:30 p.m. Social in Bertram Hall

You are invited to the Auction Kick Off Meeting on Tuesday, September 5, 2017, with a Social at 5:30 p.m. and meeting beginning at 6:00 p.m. Hear from Committee Chairs and learn how you can help. Work and Play with the Auction Team!

We are fun! We make things happen because of you! More parents make each job lighter (You can start small – or go big!). Questions? Ask Joanne McShane at 916-733-3643 or jmcshane@cbhs-sacramento.org.

PARENT PLEDGE PROGRAM

100% is our goal! Please Make your Online Gift

The Parent Pledge Program is essential to the CB experience. All students benefit from the Parent Pledge Program through student co-curricular programs, faculty development, service learning opportunities, expanded program opportunities and modern facilities. Parents are asked to make a tax-deductible pledge for their students attending CB. 100% Parent Participation is our goal. Gifts made be made from the [Parent Pledge page on the CB website](#). Thanks to all those who have already pledged!



**FOR MORE EVENT PHOTOS AND TO
KEEP UP WITH ALL THE FUN AT CB,
[LIKE US ON FACEBOOK!](#)**



