

## **Athletic Camps**

### **Athletic Training & Conditioning – Grades 9-12 (\$180)**

June 17, 2019 – July 19, 2019 (Monday – Thursday) \*No camp week of July 4\*

1:30 p.m. – 2:30 p.m.

This six-week camp will focus on athletic development. Athletes will learn speed training, how to be explosive and how to develop quick feet. Along with athletic movement development, athletes will develop full body strength and power through weight training. Under the direction of the school's professional strength and conditioning coach, this program is designed to help CB athletes elevate their skill to the next level and compete with greater confidence. All entering freshman and sophomore athletes are strongly encouraged to sign up.

### **Girls' Basketball – Grades 4-8 (\$275)**

June 24, 2019 – June 28, 2019

8:00 a.m. – 3:00 p.m.

This basketball camp focuses on the fundamentals of basketball and will challenge beginning and experienced players. Campers will work with CB's varsity coaching staff as they participate in a variety of scrimmage games and drills while focusing on teamwork, respect and dedication to the game. Camps are for kids who enjoy basketball, want to have fun, improve their skills and meet new friends.

### **Girls' Lacrosse – Grades 4-9 (\$150)**

June 10, 2019 – June 13, 2019

9:00 a.m. – 12:00 p.m.

Participants in this fun camp will learn stick skills, shooting, dodging, offense and defense techniques through exciting and challenging lacrosse games and activities. All campers, from beginners to experts, will improve their shooting, passing, technical and tactical skills through individual and small group instruction.

### **Girls' Volleyball – Grades 5-9 (\$150)**

July 8, 2019 – July 12, 2019

3:30 p.m. – 6:00 p.m.

Spend a few days of summer improving individual skills, learning the game of volleyball and having fun with friends. This volleyball camp focuses on the fundamentals of the game with specialized training in game strategy. This camp will also focus on individual offense and defense.

### **Co-Ed Soccer (Goal Scoring & Goalkeeping Camp) – Grades 5-9 (\$150)**

June 24, 2019 – June 27, 2019

2:00 p.m. – 4:00 p.m.

Participants in this fun co-ed camp will learn attacking and defensive techniques through exciting and challenging soccer games and activities. All campers will improve their shooting, passing, technical and tactical skills through individual and small-sided games. Individual and small-group instruction will be provided by varsity soccer coach, Jake Hunley '96, and his Sac-Joaquin Section championship-winning coaching staff.

**Jr Falcons Football Camp (Non-Contact) – Ages 6-14 (\$75)**

July 23, 2019 – July 25, 2019

6:00 p.m. – 8:00 p.m.

The Jr. Falcons Football Camp is open to all interested football players between the ages of 6-14. Players will learn basic football skills taught by the Christian Brothers High School coaching staff and CB Varsity football players. This is a non-contact camp and participants will not be in pads. The camp fee for non-registered Jr. Falcons is \$50.00. The camp is free to all pre-registered Jr. Falcon players. Please call Becky Woods '02 at (916) 733-3632 to receive the code for online registration.

**Boys' Basketball – Grades 4-8 (\$275)**

June 17, 2019 – June 21, 2019

8:00 a.m. – 3:00 p.m.

This basketball camp focuses on the fundamentals of basketball and will challenge beginning and experienced players. Campers will work with CB's varsity coaching staff as they participate in a variety of scrimmage games and drills while focusing on teamwork, respect and dedication to the game. Camps are for kids who enjoy basketball, want to have fun, improve their skills and meet new friends.

## **Art Camps**

**Fun with Ceramics – Grades 5-8 (\$350)**

June 17, 2019 – June 28, 2019

12:30 p.m. – 3:30 p.m.

This camp is a studio-level course geared toward 5<sup>th</sup> to 8<sup>th</sup> graders. During this exciting class, students will learn various techniques for working with clay and create several projects. Students will learn basic techniques such as coiling, slabbing, throwing, sculpting, glazing and firing.

**Fundamentals of Art (1) – Grades 5-8 (\$150)**

June 17, 2019 – June 21, 2019

9:00 a.m. – 12:00 p.m.

Fundamentals of Art will lead students through the basic techniques of art including shapes, contour, shading, texture and color. Students will learn to work in various mediums including pencil, pastels, paint and watercolor. During this week-long class, students will create both a sketchbook and portfolio containing several art projects. The class is intended for students with little or no art experience and who wish to learn more about the fundamentals of art and art techniques. The week will conclude with an art show.

**Fundamentals of Art (2) – Grades 2-4 (\$150)**

June 17, 2019 – June 21, 2019

12:30 p.m. – 3:30 p.m.

Fundamentals of Art will lead students through the basic techniques of art including shapes, contour, shading, texture and color. Students will learn to work in various mediums including pencil, pastels, paint and water color. During this week-long class, students will create both a sketchbook and portfolio containing several art projects. The class is intended for students with little or no art experience and who wish to learn more about the fundamentals of art and art techniques. The week will conclude with an art show.

**TV News & Production (Session 1) – Grades 6-8 (\$350)**

June 17, 2019 – June 21, 2019

8:00 a.m. – 1:00 p.m.

Have you ever wanted to be a TV journalist? Ever wonder how they do it at ESPN or on the local news? Spend a week in CB's television studio learning how to capture video footage, create and edit a story, add music and graphics! Aspiring broadcasters and filmmakers are invited to spend a week learning about journalism, broadcasting and video production all while learning fundamental studio skills in this completely hands-on classroom! The class culminates on Friday with students anchoring a live tape version of the "Talon Morning News" on KBFT. All campers will have access to all of their completed work from the week.

**TV News & Production (Session 2) – Grades 6-8 (\$350)**

June 24, 2019 – June 28, 2019

8:00 a.m. – 1:00 p.m.

Have you ever wanted to be a TV journalist? Ever wonder how they do it at ESPN or on the local news? Spend a week in CB's television studio learning how to capture video footage, create and edit a story, add music and graphics! Aspiring broadcasters and filmmakers are invited to spend a week learning about journalism, broadcasting and video production all while learning fundamental studio skills in this completely hands-on classroom! The class culminates on Friday with students anchoring a live tape version of the "Talon Morning News" on KBFT. All campers will have access to all of their completed work from the week.

**Theatre Camp – Grades 4-8 (\$200)**

July 8, 2019 – July 12, 2019

9:00 a.m. – 3:00 p.m.

This one-week class will address the fundamentals of theatre including monologues, dialogues, improvisation, stage directions and props as well as the basics of costuming, lighting and sound, and stage direction. Students will engage in role playing as well as play acting, all of which will help them to understand and appreciate the value of theatre and drama as both a hobby and a vocation. Student works will be showcased at the end of the week. Previous experience with theatre or drama is not expected. This camp will culminate with a performance on Friday, July 21, in the George Cunningham '40 Performing Arts Center.

**Choral Camp (1) – Grades 5-9 (\$200)**

June 10, 2019 – June 14, 2019

9:00 a.m. – 3:00 p.m.

If you love to sing, this week-long choral and vocal artist summer program is an excellent opportunity to develop your voice through choral experiences, small vocal ensemble and solo work. Working under the guidance of an accomplished and supportive teacher, you will experience the joy of singing with other talented students from around Sacramento. Movement and theater games will also add to the fun and immersive experience.

**Choral Camp (2) – Grades 2-4 (\$125)**

June 17, 2019 – June 21, 2019

9:00 a.m. – 12:00 p.m.

If you love to sing, this week-long choral and vocal artist summer program is an excellent opportunity to develop your voice through choral experiences, small vocal ensemble and solo work. Working under the guidance of an accomplished and supportive teacher, you will experience the joy of singing with other talented students from around Sacramento. Movement and theater games will also add to the fun and immersive experience.

**Record, Mix & Master – Grades 6-8 (\$300)**

July 8, 2019 – July 12, 2019

9:00 a.m. – 3:00 p.m.

Music technology is integral to the life and work of every musician. Spend a fun-filled week learning the art and science of preparing recordings for the mastering process with lessons in using microphones, operating equalizers, routing, Musical Instrument Digital Interface (MIDI), phase issues and more. This camp is great for the musically-minded and novices with an interest in the art of digital production.

**Movie Club (Session 1) – Grades 2-8 (\$50)**

June 17, 2019 – June 21, 2019

3:00 p.m. – 5:00 p.m.

Campers may extend their day at Movie Club where they will relax and enjoy some cool summer fun. We'll be "Finding Nemo," taking a trip to "The Sandlot" and having an "Incredible" time with a variety of age-appropriate movie selections.

**Movie Club (Session 2) – Grades 2-8 (\$50)**

June 24, 2019 – June 28, 2019

3:00 p.m. – 5:00 p.m.

Campers may extend their day at Movie Club where they will relax and enjoy some cool summer fun. We'll be "Finding Nemo," taking a trip to "The Sandlot" and having an "Incredible" time with a variety of age-appropriate movie selections.

**Movie Club (Session 3) – Grades 2-8 (\$50)**

July 8, 2019 – July 12, 2019

3:00 p.m. – 5:00 p.m.

Campers may extend their day at Movie Club where they will relax and enjoy some cool summer fun. We'll be "Finding Nemo," taking a trip to "The Sandlot" and having an "Incredible" time with a variety of age-appropriate movie selections.

**Movie Club (Session 4) – Grades 2-8 (\$50)**

July 15, 2019 to July 19, 2019

3:00 p.m. – 5:00 p.m.

Campers may extend their day at Movie Club where they will relax and enjoy some cool summer fun. We'll be "Finding Nemo," taking a trip to "The Sandlot" and having an "Incredible" time with a variety of age-appropriate movie selections.

**Science Camps****Chemistry for Kids – Grades 2-4 (\$200)**

June 17, 2019 – June 21, 2019

9:00 a.m. – 3:00 p.m.

Chemistry is all around us. Everything from vinegar and baking soda reactions to opening up a clogged drain takes a knowledge of chemistry. Chemistry is also key to becoming a successful chef or baker. During this week-long, hands-on camp, students will experience the many ways chemistry plays a role in everyday life with fun experiments and engaging hands-on opportunities.

**Coding and App Development – Grades 4-6 (\$200)**

July 8, 2019 – July 12, 2019

9:00 a.m. – 3:00 p.m.

First-time coders and aspiring app developers will bring their ideas to life. Campers will learn how to think like developers as they create games and apps using Apple's coding language, Swift. This is a hands-on interactive course where students will walk away with their own app or game they can utilize on any iOS device.

**Physics for Kids – Grades 2-4 (\$200)**

June 24, 2019 – June 28, 2019

9:00 a.m. – 3:00 p.m.

Physics for Kids is designed to give young campers an introduction to basic concepts of forces and motion. Campers will learn about motion and forces by creating model cars and simple machines. At the end of the week, students will leave with a bag load of projects and a better understanding of concepts such as speed, acceleration, free-fall, momentum and simple machines.

**Robotics 1 (Session 1) – Grades 3-5 (\$200)**

June 17, 2019 – June 21, 2019

9:00 a.m. – 3:00 p.m.

Robotics I is designed to introduce campers to the concept of robotics. During camp, students will create different robots utilizing Legos® and the Mindstorms Brick® to help these robots successfully complete tasks.

**Robotics 1 (Session 2) – Grades 3-5 (\$200)**

June 24, 2019 – June 28, 2019

9:00 a.m. – 3:00 p.m.

Robotics I is designed to introduce campers to the concept of robotics. During camp, students will create different robots utilizing Legos® and the Mindstorms Brick® to help these robots successfully complete tasks.

**Robotics 2 – Grades 4-6 (\$200)**

July 8, 2019 – July 12, 2019

9:00 a.m. – 3:00 p.m.

Robotics II will build on concepts and skills discovered during Robotics I. In Robotics II, campers will utilize more sophisticated building materials and techniques to accomplish specific challenges common to the FIRST LEGO LEAGUE® (FLL) activities.

**Robotics 3 – Grades 6-8 (\$200)**

July 15, 2019 – July 19, 2019

9:00 a.m. – 3:00 p.m.

Robotics III will teach programming basics by utilizing Lego's EV3 Brick® and coupling it with the iPad and desktop programming. Students will engage in game design as well as basics of using programming languages such as Python® and Scratch®.

**Intro to Computer Applications – Grades 6-8 (\$200)**

June 24, 2019 – June 28, 2019

9:00 a.m. – 3:00 p.m.

Campers will learn essential computer applications and Internet usage skills to enhance educational and professional success. Students will create documents within the Microsoft Office Suite using programs such as Publisher, Excel, Word and more. The importance of responsible digital citizenship will be stressed throughout the week. At the conclusion of the camp, students will showcase their digital portfolio.

**Creating Alternative Energy – Grades 3-5 (\$200)**

July 8, 2019 – July 12, 2019

9:00 a.m. – 3:00 p.m.

Spend a week exploring and designing alternative energy sources for a world in need of clean, green energy. Topics will include wind energy, tidal energy, solar energy and more. Campers will design working windmill models, tidal energy generators, and more throughout this interactive and energizing week.

**Amazing World of Math – Grades 3-5 (\$200)**

July 15, 2019 – July 19, 2019

9:00 a.m. – 3:00 p.m.

This camp will open students' minds to the world of math with a week filled with fun challenges and exploration. Campers will sharpen their math skills and broaden collaborative skills as they brainstorm solutions, overcome obstacles and creatively accomplish goals with hands-on activities, puzzles, projects and contests that bring math to life.

**Enrichment Camps****Leadership Camp – Grades 6-8 (\$200)**

July 15, 2019 – July 19, 2019

9:00 a.m. – 3:00 p.m.

Calling all future leaders! Designed for incoming and current middle school students, this camp will help budding leaders become active leaders in their community. Students will identify the qualities of a good leader, develop their own skills as leaders and learn fun games and activities that can be used immediately when students return to school in the fall. This is a great course for students looking to build confidence, improve speaking skills and become more involved in their community.

**Middle School Advantage (Session 1) – Grades 6-8 (\$350)**

June 17, 2019 – June 28, 2019

8:00 a.m. – 1:00 p.m.

Middle school is a big step on the road to maturity. Preparing young people with the academic and interpersonal skills to succeed can ease that transition and help build a solid foundation for success. Students will work individually and in teams as they focus on algebra readiness/review, language arts, active reading, timed-writing skills, science, interpersonal skills and personal enrichment. This course provides a unique opportunity to collaborate with other students and develop skills that become increasingly important with each educational transition.

**Middle School Advantage (Session 2) – Grades 6-8 (\$350)**

July 8, 2019 – July 19, 2019

8:00 a.m. – 1:00 p.m.

Middle school is a big step on the road to maturity. Preparing young people with the academic and interpersonal skills to succeed can ease that transition and help build a solid foundation for success. Students will work individually and in teams as they focus on algebra readiness/review, language arts, active reading, timed-writing skills, science, interpersonal skills, and personal enrichment. This course provides a unique opportunity to collaborate with other students and develop skills that become increasingly important with each educational transition.

**Transition to High School (Session 1) – Incoming CB 9<sup>th</sup> graders (\$350)**

June 17, 2019 – June 28, 2019

8:00 a.m. – 1:00 p.m.

Transition to High School is an enrichment program for incoming CB 9th graders that allows students to orient to the campus, form friendships with fellow classmates and prepare for the advanced academic rigors of high school. In a dynamic group environment, teachers work with students on leadership skills, critical thinking and reasoning, study skills, public speaking, language arts, composition and mathematics. Students do not earn credits for the course. However, this is a unique opportunity to learn valuable skills necessary for making a well-prepared transition to high school.

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July 8, 2019 – July 19, 2019

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