



March 11, 2020

Dear families:

Christian Brothers High School administrators continue to closely monitor information regarding the new coronavirus (COVID-19). The California Department of Public Health published guidelines for schools to follow and there is no indication at this time that Christian Brothers High School should interrupt normal daily operations. Further, Sacramento County Public Health officials announced a shift to mitigation measures which no longer necessitate 14-day self-quarantine for individuals who may have been exposed to COVID-19. It is, however, imperative that all families continue to follow wellness protocols to protect yourselves and the community.

- **Stay home when sick.** Remain at home until fever has been gone for at least 24 hours without the use of fever-reducing medicines. Seek immediate medical care if symptoms become more severe, e.g., high fever or difficulty breathing.
- **Use “respiratory etiquette.”** Cover cough with a tissue or sleeve. See CDC’s Cover Your Cough page (<https://www.cdc.gov/flu/prevent/actions-prevent-flu.htm>) and provide adequate supplies within easy reach, including tissues and no-touch trash cans.
- **Wash hands frequently.**
- **Enhance cleaning consistent with CDC guidelines.**
- **Get a flu vaccine if you haven’t had one yet. The flu vaccine will not protect against COVID-19, but, is still highly recommended as flu cases are still increasing.**

Individuals who have a travel history over the course of the last 14 days to an area identified by the Centers for Disease Control and Prevention as Level 3 Travel Health Notice will be prohibited from entering campus.

In the meantime, CB classrooms are supplied with hand sanitizer, disinfecting wipes, tissues and no-touch trash cans. Restrooms are adequately supplied with soap. Further, our campus maintenance crew continues its efforts to regularly sanitize high-usage public spaces on campus.

The health and safety of our students is of the utmost importance. Our teachers are prepared to transition to online instruction should the need arise. We continue to carefully monitor activities and will heed safety precautions as indicated by the varying health agencies. At this time, athletic contests, the auction, the school play, and Kairos will proceed as scheduled. We will communicate further should health concerns necessitate any changes in operations.

Sincerely,  
Lorcan P. Barnes  
President

A COLLEGE PREPARATORY SCHOOL IN THE LASALLIAN TRADITION

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