

# FALCON FAMILY NEWS

## A MESSAGE FROM THE PRINCIPAL

### DEAR FAMILIES:

Happy New Year! I pray you all enjoyed a restful and blessed Christmas break and are as eager as I am to embark on 2019! This is a momentous year for the Institute of the Brothers of the Christian Schools as this spring marks 300 years since the passing of the Founder, St. John Baptist de La Salle. We are blessed to be a part of his incredible legacy that now extends to 80 countries, educating nearly 1 million students.

Our fall semester was certainly one for the record books! We hosted a spectacular Open House and have already welcomed more than 800 eighth graders for shadow day visits. The men's water polo team brought home its third consecutive Sac-Joaquin Section championship banner. Christian Service is thriving. Students, faculty and staff donated 5,000 food items to our neighbors at Williams Memorial Church, who provide Thanksgiving meals to Oak Park residents in need. Student-artists brought an impressive production of "Singin' in the Rain" to the stage, a festive instrumental Christmas concert and a sold-out choral production at the George Cunningham '40 Performing Arts Center. Media arts is on full display with weekly KBFT broadcasts, live sports coverage thanks to the Sports Broadcasting class and outstanding features in *The Talon*, our online newspaper. Academics are strong and members of our senior class are beginning to hear from their dream schools, including two of our young women who have been offered admission to Massachusetts Institute of Technology!

Every day I have the honor of witnessing amazing acts of brilliance, kindness, care, love of neighbors and social justice that are preached daily by our amazing faculty and staff. Our teachers and staff truly love young people and have dedicated their lives to making a difference. They believe in the mission of the school and of our Founder, living it every day.

We are profoundly grateful to partner with families whose goals and ideals so closely mirror those of the Founder, those that CB has been living out for more than 140 years. Faculty and staff are drawn to working here because they believe in the mission.

We provide an outstanding education, a safe place for students, a space where students can practice their faith, a safe haven where students can express their opinions and ideas and a home where everyone can get involved. I believe the Founder would be proud.

This is an exciting time to be a Falcon. Over the past several years, we have launched programs and initiatives that have helped us stand above the other high schools in Sacramento. I look forward to building on these programs and identifying new opportunities for learning that inspire the mind and energize the spirit. Now, more than ever, is the time to celebrate the unique gifts and talents God has provided each one of us. Please pray for our students and staff as they begin this new semester and continue their journey to find their unique gifts and talents.

St. John Baptist de La Salle, pray for us!

Sincerely,



Chris Orr  
Principal

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## Parents: If your child has 'D's or 'F's on his/her report card, PLEASE READ THIS!

As discussed in the [Parent/Student Handbook](#) beginning on page 13, 'D's and 'F's are bad news on report cards! It is important for you and your student to understand that neither 'D' or 'F' grades are acceptable. 'D' grades, though worth 5 credits toward graduation, are NOT accepted by four-year colleges and universities. 'F' grades must be repeated for credit to graduate from Christian Brothers High School. **All California State University campuses, University of California campuses and most private institutions require a 'C' or above in all core courses** (core courses are approved History, English, Math, Lab Science, Foreign Language, Visual and Performing Arts, and Elective courses - also known as the "a-g" list of approved courses. See the chart below with these requirements). If students have 'D's on their transcript in any "a-g" courses and do not remediate them, they are NOT eligible to apply for admission to CSU and UC schools, therefore seriously limiting their choices for college.

	Subject	Requirement
a	Social Science	<b>2 years</b> (1-year World History & 1-year U.S. History or 1 semester U.S. History/1 semester government)
b	English	<b>4 years</b> , including frequent writing
c	Mathematics	<b>3 years, including Algebra II;</b> <u>4 years recommended</u>
d	Laboratory Science	<b>2 years; 3 years recommended</b> (one must be a life science and one a physical science)
e	Foreign Language	<b>2 years</b> (of the same language); <u>3 years recommended</u>
f	Visual & Performing Arts	<b>1 year</b>
g	College Preparatory Electives	<b>1 year; More recommended</b>

If your child would like to keep his/her options open and remain eligible to apply to a four-year college, the Counseling Department highly recommends that he/she remediate (repeat for credit) any 'D' grades earned in "a-g" approved courses. **Students may enroll in a variety of classes during the 2019 CBHS Summer School session to remediate a grade.** While previous grades are never removed from a student's transcript, if a student completes the course in summer school with a 'C' or above, his/her transcript will reflect the new credits and the new grade will be used when calculating the grade point average.

For example, if your child is currently enrolled in biology and received a 'D' the first semester, he/she should consider repeating biology this summer. If he/she is currently enrolled in a math or foreign language course and received a low grade the first semester ('D' or 'F'), it is important to receive a 'C' or

above at the end of the spring semester. CSU and UC will "validate" (count as successful) the whole year of a math or foreign language course if the student shows marked improvement the second semester (i.e., goes from a 'D' to a 'C,' 'B,' or 'A'). Therefore, students have a choice – work very hard this semester and bring up the grade, or repeat the class in summer school or the next school year to raise the grade. **Since four years of English is a basic requirement for eligibility to a four-year college, any 'D's in English should be remediated in the summer.** One year of world history is the minimum requirement for eligibility, so students should have a 'C' or above for at least two of the four semesters of Frosh/Soph World History. Any U.S. history 'D's should also be remediated.

**Please contact your child's grade-level counselor if you have questions about remediating grades.** If you intend to register for summer school, registration will be available in February on the CB website.

## Standardized Test Scores

PSAT 8/9 (grade 9), Pre-ACT (grade 10) and PSAT/NMSQT (grade 11) test results will be returned to students during classroom visits in January and February. Counselors will go over results with students by explaining and analyzing their scores and also assist them with **pre-registration for classes in the 2019-2020 school year.** Please ask your son/daughter to see his/her exam results (you may also check the scores on [Family Connection](#) as they have already been posted). Look for a mailing regarding pre-registration in early February.

## Attention Seniors and Their Parents:

Please remember to turn in copies of your admission decisions and scholarship letters to Cynthia Grajeda, Melissa McClellan, April Melarkey, or Kirk Purdy in the Counseling Center as you receive them. It is also very important that students update their "admission status" on [Family Connection](#).

## On-Campus SAT Prep

An on-campus SAT prep course will be offered this spring to help juniors prepare for the exam. Our Saturday morning class (9:00 a.m. – 1:00 p.m.), taught by CB teachers, will begin on February 2, leading up to the March 9 SAT exam. **Dates for the classes are February 2, 16, 23 and March 2. There will not be a class on February 9, as this is a national ACT test date and we want to give students an opportunity to take the test.** Registration forms will be available in the Counseling Center or on the [Counseling page](#) of the school website. The cost is \$200, which will include the textbook and practice tests.

Please contact [Melissa McClellan](#) (916-733-3679) or [Cynthia Grajeda](#) (916-733-3680) with any questions.

## Enter to Learn, Leave to Serve

### VENAVER: El Otro Lado Tucson, AZ and Nogales, Mexico

Congratulations to the following ten students for their upcoming service to VENAVER El Otro Lado. Students will be traveling to Tucson, AZ and Nogales, Mexico to serve those in need and gain a better understanding about the issues of immigration. Please pray for the following students as they prepare and embark in a week-long service immersion: Bella Barbosa, William Carrey, Viviana Dazo, Christopher DeShong, Edward "Mack" Emerson, Rafael Fernandez, Gabriela Hernandez, Sam Noonan, Brandt Porteus, and Malia Wienstroer; Adults: Ms. Grapé and Ms. Fernandez.

### Paradise, CA and St. Thomas More Catholic Parish Coat Drive

On December 19, 2018, Paradise, CA was opened back to the community. At St. Thomas More Catholic Parish, power was restored, and masses will be offered beginning in mid-January. As residents of Paradise begins to reestablish their community and recover from their massive losses, Christian Brothers High School will be hosting a Coat Drive for St. Thomas More Catholic Parish parishioners in preparation for the cold winter. **Please drop off your new or gently used coats, blankets, and gloves in Mr. Anderson's office by January 30.**

### Advent Almsgiving Appreciation

**Thank you to our CB families, faculty, staff and students for participating in the Advent Almsgiving and finishing strong!**

#### Impact from Your Giving

- **Annual Festival of Trees and Lights:** Donated two beautiful Christmas trees to Cathedral of the Blessed Sacrament
- **CB's Giving Trees:** Collected for CB families in need
- **Oak Ridge Toy Drive:** Provided Christmas gifts to students in the after-school program
- **Loaves & Fishes Drive:** Together contributed 10 boxes of donations



### Service Opportunities

For a list of service opportunities, log in to [Family Connection](#). Click the "x2Vol" tab to see a list of non-profit organizations.

## Happy New Year from Student Activities!

- Falcon Force is ready to cheer on the men's basketball team at **Holy Court** on Saturday, January 5 in the Ron Limeberger '53 Gymnasium. Come dressed in your best **CB blue** to cheer the boys as they take on Jesuit in this next installment of the Holy Games!



- Tickets for the February 2 **Family Dance** will go on sale online beginning Tuesday, January 8 on the [CB Ticket Hub](#). Tickets are \$30 for the first two people and \$10 for each additional family member. You

can also purchase tickets at the LSLO window at lunch during the week of Monday, January 28 through Friday, February 1. Online sales close at 6:00 p.m. on Saturday, February 2 and then may be purchased at the door. Desserts from Ettore's will be served at 7:00 p.m. with dancing from 7:30-10:30 p.m. Don't miss the best dance of the year! The theme will be "Take Me Out to the Ballgame" – A Family Sports Event.

- The first spirit day of the spring semester will be Friday, January 18. In celebration of Holy Hoops, the whole school will have a **Blue Out Day** and be decked out head to toe in blue. Modified dress code will be posted on the [Student Activities page](#) of the CB website.
- **Holy Hoops** will be *the place to be* for all CB students on Saturday, January 19. Support the CB women's basketball team as they take on St. Francis High School for this exciting match up!
- The **Winter Rally and Spirit Day** will take place on Thursday, January 31 with the theme of "SPORTSBALL!" As we get ready for the Family Dance and other winter activities, students can dress up in their favorite jerseys and sports attire. Modified dress code will be posted on the [Student Activities page](#) of the CB website.

### SAVE THE DATE

Sophomore Family Liturgy and Breakfast  
Sunday, January 13 at 9:30 a.m.

All sophomore families are invited to join us for a special liturgy and light breakfast to follow at Christian Brothers in the George Cunningham '40 Performing Arts Center.

# Reflections for the New Year

## *Let us remember...*

As we begin 2019, I would like to share with you a meditation from our Christian Brothers founder, St. John Baptist de La Salle. The meditation, which was written in honor of the feast of the Epiphany, is as follows: "The star did not appear to the Magi in vain, for this sight caused them to receive the grace of God, and it made this day a day of salvation for them because they showed themselves most faithful to the divine inspiration. Are we attentive to the inspirations we receive from God?" (*Med. 96.1*)

As it is custom for many of us, we will be looking for ways to improve our lives by setting goals for the start of a new year. These "resolutions" and plans are often made with great intent, honored for a period of time (some longer than others), and then "life" happens and we lose our focus. I'm all for a good set of resolutions but I've learned that the more intentional I am in my reflecting and selecting of resolutions, the better I am able to work toward true growth and change. One "aha" moment I have had when it comes to things of this nature is to include God in the process. By inviting God into my struggles or areas that I am hoping to change, and praying for wisdom and strength for the dedication and work that must be done, I am better off for the journey ahead. The new year gives us the opportunity to take pause and reflect on all that is going well and all that may need some renewing or changing along our journey. Our faith in God gives us the roadmap for how to reach our destination. Happy New Year and happy journeying into 2019! May you and yours be filled with blessings of peace!

- Jen Yearwood, Director of Campus Ministry

### Retreats

**REGISTRATION FOR JUNIOR OVERNIGHT AND SENIOR KAIROS RETREATS IS IN ITS FINAL DAYS!** Thank you to all those who registered early for our overnight retreats! If you missed the deadline, there are limited spots open on the remaining retreats. Please contact Ms. Yearwood immediately ([jyearwood@cbhs-sacramento.org](mailto:jyearwood@cbhs-sacramento.org)) to register for:

- **JUNIOR OVERNIGHT** January 28–29 (only a few spots remain), February 25–26, April 1–2
- **SENIOR KAIROS** March 19–22

Registration may be accessed at the [Ticket Hub](#) on the CB website.

### Sophomore All-Class Retreat – What are my values?

**On Friday, January 11th, the entire Class of 2021 will gather for a mandatory day of retreat.** Our sophomores will come together to further build and strengthen class bonds and unity, and also to

reflect on the very important theme of values and choices. Their day together will begin at 8:30 a.m. at the Sacramento State University Alumni Center (located in back side of the campus). **Parents are responsible for bringing their students to the retreat and picking them up from the retreat.** There is no transportation from Christian Brothers to the retreat so please make note on your calendar that **school on Friday, January 11 for sophomores begins at 8:30 a.m. at the Sacramento State University Alumni Center! Students are to bring a lunch, and wear dress code pants and their teal class spirit shirt or a blue CB shirt. The retreat concludes at 2:30 p.m. – please be on time to pick up your student.** The retreat will be led by Ms. Yearwood and members of the Senior Retreat Leadership Team (SRLT). An email with retreat information was sent out in early December to all sophomore parents, along with the consent form, which was due back to students' religious studies teacher on December 12. If you did not receive the email, please contact Ms. Yearwood immediately!

### A Prayer for the New Year

Our Father and our God, as we stand at the beginning of this new year we admit our need of Your presence and Your guidance as we face the future.

We each have our hopes and expectations for the year that is ahead of us—but You alone know what it holds for us, and only You can give us the strength and the wisdom we will need to meet its challenges. So help us to humbly put our hands into Your hand, and to trust You and to seek Your will for our lives during this coming year.

In the midst of life's uncertainties in the days ahead, assure us of the certainty of Your unchanging love.

In the midst of life's inevitable disappointments and heartaches, help us to turn to You for the stability and comfort we will need.

In the midst of life's temptations and the pull of our stubborn self-will, help us not to lose our way but to have the courage to do what is right in Your sight, regardless of the cost.

And in the midst of our daily preoccupations and pursuits, open our eyes to the sorrows and injustices of our hurting world, and help us to respond with compassion and sacrifice to those who are friendless and in need.

And so, our Father, we thank You for the promise and hope of this new year, and we look forward to it with expectancy and faith. This I ask in the name of our Lord and Savior, who by His death and resurrection has given us hope both for this world and the world to come. Amen.

*(Prayer by Reverend Billy Graham)*





## Holy Games

### Holy Court

The Holy Court game against Jesuit is scheduled for **Saturday, January 5 at Christian Brothers High School**. Game times are 3:00 (freshmen), 4:30 (JV) and 6:00 p.m. (varsity). **Holy Court tickets are available online for Christian Brothers basketball families, students and staff as of Friday, December 28.** Tickets are \$6 each with a \$1 service charge and are print-at-home. Tickets must be shown at the door. Limit four tickets per person.

### Holy Hoops

The Holy Hoops game against St. Francis is scheduled for **Saturday, January 19 at St. Francis High School**. Game times are 2:30 (freshmen), 4:00 (JV) and 5:30 p.m. (varsity). **Holy Hoops tickets will be available online for Christian Brothers families, students and staff beginning Friday, January 11.** Tickets must be shown at the door.

### Appryse

**All athletes must have the Appryse athletic medical clearance with a valid physical prior to any participation or tryouts for athletics.** If your son or daughter plans to join an athletic team, the parent must sign their individual student consent requirement for any athletic team through the green tryout button on your individual Appryse account. The green tryout button will only appear if the student's enrollment has been accepted by the Christian Brothers staff. Visit the [Appryse](#) link on the CB website to complete the process.

### Spring Sports

**Spring tryouts officially begin Monday, February 4.** To obtain other specific sport tryout times and practice information, please contact the head coach directly.

## SCHOOL SCHEDULE REMINDER

### January Schedule

- **Thursday, January 10** – 9:00 a.m. start; 2:25 dismissal (Falcon Flex)
- **Thursday, January 17** – 9:00 a.m. start; 2:25 dismissal (Falcon Flex)
- **Thursday, January 24** – 9:00 a.m. start; 2:25 dismissal (Falcon Flex)
- **Thursday, January 31** – 9:00 a.m. start; 3:00 dismissal (Winter Rally)

## Make a New Year's resolution to put some CB Arts in your life!



The Choral program entertained a sold-out house at the **Choral Christmas Concert**. With beautiful religious music and a hefty dose of beloved Christmas pop standards, the Thea Stidum Theatre was echoing with festive fun.

A short week later, the **Instrumental Christmas Concert** wowed the audience with music from "The Polar Express," up-tempo Christmas jazz, and the classic favorite "You're A Mean One, Mr. Grinch."

To close out the season, **Open Mic** hosted 21 unique acts, including pop song covers, Taiko drumming by Hunter Leong '21, live performances from student bands "Kiwi" and "Coconut the Juicebox." If you missed out last semester, don't forget to attend arts events in the spring and see our talented performing artists at work!

Have you ever wanted to learn more about CB's toy drive for Oak Ridge Elementary, or how to keep your style fresh and in dress code during the cold winter months? What about how Mr. Havey manages to be such a great teacher? If so, you need to read **The Talon**. From academics, student clubs, to life on campus, these kids know what's going on in the CB community. You can find their work at [www.CBTalon.com](http://www.CBTalon.com), or subscribe to the Talon Talk podcast from any major podcast provider.

After a wildly successful run of "Singin' in the Rain," **CB Theatre** is gearing up for the Lenaea Festival. This annual high school theatre festival is held at Folsom Lake College's Three Stages, and hosts students from as many as 70 high schools from California, Oregon and Nevada. Students perform monologues, scenes, songs and one-act plays for the public, and professional judges provide feedback and help them build their skills. This year, CB has a full slate of talent headed to Lenaea, including an original one-act play, "Shattered Glass," written and directed by Nick Maricle '19. You can catch the action for yourself at Folsom Lake College February 1-3, 2019. The event is open to the public and tickets to the entire weekend's activities are ~\$15. If you can't make it to Folsom, **we'll be bringing these performances back to CB for one night only on February 8 at 7:00 p.m.** Hope to see you there!

# HAPPY 2019!

# One Night In Casablanca

MARCH 16 2019



## Christian Brothers High School 2019 AUCTION

**5:30 p.m. Jack Witry Field House**

Check In, Hosted Cocktails & Appetizers,  
and Silent Auction

**7:30 p.m.**

**Ron Limeberger '53 Gymnasium**

Live Auction, Dinner and Entertainment

### TICKETS

Table of 10: \$1,000

Tickets on or before February 16, 2019: \$110

Per person after February 17, 2019: \$125

RSVP ONLINE

**CBAuction.givesmart.com**

MAKE SURE TO JOIN US FOR  
THIS MAGICAL EVENING!

### SPONSORSHIP

**\$5,000 Diamond Sponsor**

Table for 10 with preferred placement, full-page color auction catalog ad,  
5 golden raffle tickets, membership in the Ambassadors' Club

**\$2,500 Gold Sponsor**

10 auction tickets, half-page ad in auction catalog,  
membership in the Ambassadors' Club

**\$1,000 Silver Sponsor**

4 auction tickets, quarter-page ad in the auction catalog

**\$500 Bronze Sponsor**

2 auction tickets, acknowledgment in the auction catalog

Contact the auction committee at 916-733-3643

All proceeds benefit the students and programs of  
Christian Brothers High School.

### SAVE THE DATES

Junior Family Liturgy and Breakfast  
Sunday, March 10, 2019 at 9:30 a.m.

CB Ring Ceremony and Reception  
Thursday, April 25, 2019 at 7:45 a.m.

### PLACEMENT EXAM FOR INCOMING FRESHMEN

Students interested in attending Christian Brothers in the 2019-20 school year are required to take the **High School Placement Exam on Saturday, January 12, 2019**. The exam will be held at CB. Please arrive no later than 8:45 a.m. on Saturday morning. The test will begin promptly at 9:00 a.m. and end by 12:30 p.m. Please bring two sharpened no. 2 pencils. Calculators are not permitted.

If you need to take the make-up exam on January 19, please contact the Admissions Office.

Please visit the Admissions section of our website or contact the admissions office at (916) 733-3690 for more information.



For more information on events in January, please follow the daily bulletin, weekly update and [the online school calendar](#).



**FOR MORE EVENT PHOTOS AND TO KEEP UP  
WITH ALL THE FUN AT CB,  
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