

FALCON FAMILY NEWS

A MESSAGE FROM THE DIRECTOR OF CHRISTIAN SERVICE

DEAR FAMILIES:

A lady recently being baptized was asked by a co-worker what it's like to be a Christian. She replied, *"It's like being a pumpkin: God picks you from the patch, brings you in, and washes all the dirt off you may have gotten from the other pumpkins. Then He cuts the top off and scoops out all the yucky stuff. He removes the seeds of doubt, hate, greed, etc. Then He carves you a new smiling face and puts His light inside of you to shine for all the world to see."*

It is amazing how quickly the holiday season is approaching. In no time at all, we will celebrate Thanksgiving, a time where we gather around a table with those we love and give thanks for our many blessings. What a special day and celebration this is for families. In preparation for the Feast of All Saints' Day, All Souls' Day, and Thanksgiving, we reflect on our personal blessings, the people and events that have brought joy and meaning in our lives.

Christian Service encourages us to become more aware of the daily blessings in our lives. When we take the time to be grateful for what we have, there is an amazing transformation that can occur within us. Our eyes are opened wide to see more blessings around us and our hearts become more willing to give because we want others to receive the same blessings as we have. We are more eager to spread the Good News and giving of ourselves to a family in need.

Recently, a Christian Service faculty team was formed to promote a greater experience of Christian Service among faculty, staff and students. This team provides an environment in which diversity of opinions can safely be expressed in the spirit of collaboration and communication. In August 2018, fifteen faculty members were invited and agreed to be part of this team. Each team member is representative of a department and organization and is responsible for assessing the current Christian Service program, evaluating best practices and programs of other Lasallian schools from the district, acting as a liaison to other faculty members on campus, and offering recommendations to the Christian Service department and Leadership Team that are aligned with the Lasallian mission.

In addition, our Christian Service department is in the process of implementing a new Christian Service adult volunteer team. If you are interested and are a parent, alumnus, alumni parent and/or CB friend, I'd like the chance to meet with you in person to discuss Christian Service opportunities.

St. Paul understood the importance of embracing this attitude of gratitude. He often begins his letters by remembering those who walk the journey of faith with him and how they have blessed his life: "I thank my God every time I remember you, constantly praying with joy in every one of my prayers for all of you, because of your sharing in the gospel from the first day until now." (Philippians 1:3)

Please know that I am grateful for all that you do, and I am honored to be serving by your side.

Wishing you a Blessed Thanksgiving!

Sincerely yours in Christ,



Gigi Grapé
Director of Christian Service

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Autumn is always quite a busy time in the Counseling Department! We are in the midst of a very active college application period and continue to provide personal counseling and academic guidance along with extensive college planning.

As you may know, Christian Brothers provides one of the most comprehensive programs of **Advanced Placement** course offerings in the region. We currently offer fifteen Advanced Placement courses and have 522 AP exams scheduled to be taken by our students this May. We are very pleased to announce that the following students earned special recognition from the Advanced Placement program based on 2018 exam results.

AP Scholar (granted to students who receive scores of **3 or higher on three or more** AP Exams):

- | | |
|--------------------------|---------------------------|
| • Joseph Archer '18 | • Meera Khaira '18 |
| • Bellissima Arriaga '18 | • Daniel Ledesma '18 |
| • Leander Balmeo '19 | • Margaret Leppert '19 |
| • Emily Davis '18 | • Cesar Lopez '18 |
| • Aaron Davis '18 | • Liliana Ma '19 |
| • Gabrielle Downey '19 | • Madeline Mercer '18 |
| • Julia Dudensing '18 | • Shatara Mouton '18 |
| • John Duncan '19 | • Kristina Murphy '18 |
| • Matthew Dunn '18 | • Jacob Narisco '18 |
| • Ashley Eickman '19 | • Grace Nolan '18 |
| • Olivia Eliopoulos '18 | • Camilla Patterson '18 |
| • Gabriella Geach '18 | • Mark Powers '18 |
| • Hannah Gruber '19 | • Brendan Sample '19 |
| • Candace Gutierrez '18 | • Marvin Shi '19 |
| • Sabrina Hirsh '18 | • Daniel Simoes '18 |
| • Kathryn Janicki '19 | • Chance Sims '19 |
| • Caira Johnson '18 | • Nicholas Smith '18 |
| • Morgan Jones '18 | • Stephen Smith '18 |
| • Creighton Kauss '18 | • Katherine Stiplosek '18 |

AP Scholar with Honor (granted to students who receive an average score of **at least 3.25** on all AP exams taken, and scores of **3 or higher on four or more** of these exams):

- | | |
|----------------------|-----------------------|
| • Colette Caspar '19 | • Madeline Madrid '19 |
| • Andy Chen '18 | • Siena Mazza '19 |
| • Jacob Cherry '18 | • Miguel Menchaca '19 |
| • Turner Clark '19 | • Sofia Nguyen '19 |
| • Aeron Davies '18 | • Alanna O'Neill '19 |
| • David Garza '18 | • Samuel Seiler '19 |
| • Casey Koenig '19 | • Nason Tarver '18 |
| • Sofia Linares '18 | |

AP Scholar with Distinction (granted to students who receive an average score of **at least 3.5** on all AP exams taken, and scores of **3 or higher on five or more** of these exams):

- | | |
|--------------------------|--------------------------|
| • Mitchell Berger '18 | • Alex Mantong '18 |
| • Delaney Bird '18 | • Kaleo Mark '19 |
| • Michaela Cahill '18 | • Hallie Mikacich '19 |
| • Regina Chapuis '18 | • Marliss Neal '18 |
| • David Cook '19 | • Isabel Nguyen '18 |
| • Paulina Crum '18 | • Amelia Poroli '18 |
| • Julianne Downing '18 | • Georgiana Prevost '19 |
| • Jeremy Fernandez '18 | • Jennifer Roberts '18 |
| • Landi Guo '18 | • Justin Romani '18 |
| • Alexandra Hock '19 | • Aidan Smith-Fagan '18 |
| • Hannah Kaplon '18 | • Elizabeth Sperring '18 |
| • David Karalli '18 | • Katherine Stenger '18 |
| • Nicholas Kennedy '19 | • Emma Talley '19 |
| • Navneet Khaira '18 | • Matthew Thomas '18 |
| • Tristan Kimball '19 | • Olivia Tobin '19 |
| • Natalia Kimmelshue '19 | • Juliet Tochtermann '18 |
| • Zachary Lau '18 | • Patrick Wiseman '18 |
| • Natalie Leclerc '19 | • Alice Wong '18 |
| • Rachel Li '18 | |

National AP Scholar (granted to students who receive an average score of **at least 4** on all AP exams taken, and scores of **4 or higher on eight or more** of these exams):

- | | |
|------------------------|-----------------------|
| • Michaela Cahill '18 | • Matthew Thomas '18 |
| • Julianne Downing '18 | • Patrick Wiseman '18 |
| • David Karalli '18 | • Alice Wong '18 |
| • Rachel Li '18 | |

**CONGRATULATIONS TO THESE CURRENT
AND FORMER STUDENTS!**

Upcoming Events

SAT Test Dates: November 3 (Registration closed), December 1 (Deadline to register is November 2)

ACT Test Dates: December 8 (Deadline to register is November 2)

College Application Workshops for Seniors: Thursdays (November 8, 15, and 29) at 8:00 a.m. in room 201



Reflections in November

The month of November brings us many opportunities for prayer and reflection...

Thursday, November 1, the Feast of All Saints' Day, is a holy day of "opportunity" when the Catholic Church honors the lives of those holy men and women who serve as models of our faith. We also remember those who transformed the world and who are now "rejoicing in heaven." For this liturgy, the God Squad has chosen the theme, "Under Construction - Saints in the Making." Each of us is called to live a life of holiness and to look to the Saints as their examples of courage and faithfulness. Many of the Saints were everyday, ordinary people living with extraordinary faith. So when you notice that I chose to use the word "opportunity" in place of obligation, I did so intentionally. All Saints' Day is an opportunity—a chance to remember and honor the lives of the official Saints, but also a time to recognize how each day affords us the opportunity to build lives as faithful followers of Christ.

Saturday, November 2, All Souls' Day, is a day in which we pray for and honor our loved ones who have passed away. This is another opportunity to offer a prayer of thanksgiving for the time we were given with these special individuals, even if for only a short time. On this day, take a moment to remember the gift of your loved ones' presence and the specific ways in which they touched your life.

Finally, the month of November invites us to practice an attitude of gratitude. Stop for a moment and be thankful for the abundance of blessings that grace your life. Appreciate friends and loved ones, remembering that many may be lonely and less fortunate. As you prepare to gather around your table for Thanksgiving dinner, please find a table prayer to share. Blessings to you!

- Jen Yearwood, Director of Campus Ministry

Retreats

Registration for junior overnight and senior Kairos retreats is due by November 30! We are registering for junior overnight retreats and the remaining senior Kairos retreats, which means even if a student plans to attend a retreat sometime between January and April, they must sign up now! This helps us plan ahead for transportation and for food and lodging at the retreat centers. In addition, some of the retreat dates tend to fill up fast so the best way to secure a retreat spot is to have your registration/medical form and payment turned in. Please speak with your son/daughter and determine which retreat date will work best.

Retreat Dates

Junior Overnight: November 26–27 (registration due by 11/15), January 28–29, February 25–26, and April 1–2

Senior Kairos: January 15–18 (limited space available), March 19–22

More information about these retreats, as well as registration links, can be found at the [Campus Ministry student retreats page](#) on the CB Website.

THANKSGIVING TABLE PRAYER

Lord God,
Our hearts are crowded with gratitude
as we celebrate the feast of Thanksgiving.
We have come to this our feasting table
with great joy and eagerness,
for we are truly grateful to You, our God,
for all that we have been given.
We pause now and, in silent prayer,
do thank You for the great generosity of Your gifts.

Pause for silent reflection.

We also thank one another for gifts –
especially for the gifts of love and affection
that we have freely shared.
We are thankful for all who are present at this our feast
as well as for all those who have labored in love
in order to bring this dinner to our table.
May You, our God, bless this Thanksgiving feast
and all of us who shall share it
in Your holy name.

Amen.



Enter to Learn, Leave to Serve

Thanksgiving *Yes We Can!* Food Drive

Hello CB students and families,

We are happy to announce that our Thanksgiving *Yes, We Can!* Food Drive class competition is on!



Starting on November 1 through November 15, each class is challenged to donate canned foods.

Drop-off details

Freshmen: Ms. Roybal in room 105

Sophomores: Ms. Bronson in room 602

Juniors: Ms. Williams in Learning Commons

Seniors: Mr. English in room 402

Last year, we collected 2,500 canned and non-perishable boxed food items which were donated to William Memorial Church, CB's neighboring church for 54 years. We have had the privilege of reaching out to our Oak Park families through this partnership for four years. *We Remember...* our blessings and are invited daily to be mindful of the many opportunities we have to give of ourselves.

Help make the Thanksgiving *Yes, We Can!* Food Drive memorable this year for families in need!

Contest Guidelines

- Canned and all non-perishable boxed donations must have suitable expiration dates and be unopened.
 - Collections will be tallied by class moderators by **Wednesday, November 14.**
 - Winning class will be announced on Friday, November 16.
- Winners will earn a Denim Day on Tuesday, November 20.**

Volunteer Opportunities

Christian Service and Black Student Union (BSU) are hosting two opportunities to serve Oak Park pre and post-Thanksgiving!

Mark your calendars! On Thursday, November 15, students are invited to pack food from 3:30–5:30 p.m. at William Memorial Church.

On Friday, November 23, students are asked to distribute food from 10:00 a.m.–12:00 p.m. at McClatchy Park.

Service involves packing canned and non-perishable boxed foods and distributing them.

Contact Ms. Grapé on Schoology for more information.

November 1 - Feast of All-Saints Offertory

Christian Service and La Raza hosted a service opportunity at St. Mary's Catholic Cemetery in Oak Park. The service involved CB students cleaning and polishing gravestones. A mini remembrance of this service is being offered as part of Latino Heritage Month, Día de los Muertos ("Day of the Dead"). Thank you, La Raza!

VENAVER

VENAVER Otro Lado participants: If you have not obtained your passport or government-issued photo identification, please begin the process as soon as possible. The turnaround time during the holidays is slow. Please have your identification by mid-December. Thank you!

Please check Schoology for the following **schedule of interviews:**

VENAVER Yakima, WA: Week of Monday, October 29 through Friday, November 2.

VENAVER Denver, CO: Week of Tuesday, November 13 through Friday, November 20.

VENAVER Memphis, TN: Thursday, November 29 from 7:15 to 8:50 a.m. (Three groups of 25-minute interviews)

RUN to Feed the HUNGRY®

It has become an unofficial Christian Brothers tradition to participate in the annual Run to Feed the Hungry on Thanksgiving Day (Thursday, November 22, 2018) to benefit the Sacramento Food Bank & Family Services. If you and your family are planning to participate in this event, please consider joining our team – You will receive a CB team shirt. You are invited to join us in the team area before the race for coffee, donuts and a team photo.

Registration is open at www.runtofeedthehungry.com. Select the Team Member option and choose "Christian Brothers High School." If you already registered as an individual, you can switch over to CB's team online. **The last day to register for a team is November 1.**

For any questions, please contact the Team Captains, Jake Hunley at jhunley@cbhs-sacramento.org or Mary Kessler at mjkessler@comcast.net.

MEDIA VISUAL AND PERFORMING ARTS

This November, CB is **Singin' in the Rain!** You won't want to miss this exciting show, based on the beloved Gene Kelly film. Tickets are \$10 for adults and \$5 for students and kids, and are available for purchase from the [Ticket Hub](#) on CB's website or at the door. This is a great show for all ages. Catch our award-winning theatre program in action November 9-11 and 16-18 with Friday and Saturday performances at 7:00 p.m. and Sunday matinees at 2:00 p.m.

CB's **Honors Chorale** performed on October 18 at the Ambassadors' Club Dinner and received rave reviews. A particular highlight of their performance was their rendition of "For Good" from the musical, *Wicked*. Many in the audience were moved to tears and the group received a standing ovation in thanks for their inspirational songs. Students in the choir were grateful to say a "thank you" of their own for the donors' spirit of generosity throughout the years.



The talented student journalists at **The Talon** keep you updated on all that affects our CB community. From interviews that highlight students and faculty, to CB event features, to local issues like the Jump Bike craze, these students have their finger on the pulse of CB and the local community. Find their work on the **Talon Talk Podcast**, available from all major podcast providers, and online at www.CBTalon.com.

Put the arts on your calendar this year. You don't want to miss these creative and talented students in action!



STUDENT ACTIVITIES

Student Activities and the Student Council would like to thank the members of the CB community for an amazing Homecoming Week full of costumes, inclusivity and fun. November will look like a slower month in comparison to October's full schedule, but there is still plenty of fun to be had in these remaining autumn days!

La Raza is celebrating Latino heritage on Thursday, November 1 with the event *La Pachanga*. There will be food, music, dancing and cultural celebrations. There will be pan dulce, paletas, and Vallejo's is catering tacos. Enjoy the good food while watching folklorico dancing, all taking place during lunch. To celebrate November, which in the liturgical calendar is a month to remember those who have passed away, **La Raza set up an *ofrenda*, a community altar of remembrance, in the main office hallway.** The *ofrenda* will remain from November 2, All Souls' Day, until Thanksgiving break.

Freshmen will have one more opportunity to meet with the senior buddies in their Falcon Families during all-school lunch on Thursday, November 15. Seniors will share their experiences and survival tips for the remaining weeks of the semester, including preparation for final exams.

Our annual "Sixty Seconds of Service" sandwich-making competition will be held during all-school lunch on Thursday, November 29. Sponsored by Sodexo, students are encouraged to come out and represent their class in this fun peanut butter and jelly sandwich-making competition. Students who have peanut sensitivities are still encouraged to come out and make sun butter sandwiches at our special nut-free tent. CB competes nationwide in this "race to make the sammies" and won by a landslide last year against other high schools, and even colleges and universities! Come help us defend our title and make some sandwiches for the local charities that need them the most. We hope you have fun! See how you can contribute to the community even with just a few minutes of your time.

SCHOOL SCHEDULE REMINDER

Be sure to keep track of Thursday start times!

November schedule:

- **Thursday, November 1 – 8:00 a.m. start** (All Saints' Day liturgy at 9:45 a.m.)
- **Thursday, November 8 – 9:00 a.m. start**
- **Thursday, November 15 – 9:00 a.m. start**
- **Thursday, November 22 – Happy Thanksgiving! No school**
- **Thursday, November 29 – 9:00 a.m. start**

Capital Athletic League SCHOLAR-ATHLETE AWARD

Eligibility: Athletes who are members of a Capital Athletic League recognized varsity team are eligible for this award. Freshmen are not eligible as the athlete must have at least one year of grades, beginning with the 9th grade. Athletes must finish the season in good standing and have a cumulative 3.50 or above GPA (weighted grade point average) as well as a current 3.50 or above weighted GPA. The cumulative GPA is based on cumulative grades of semesters from 9th grade onward. Athletes are awarded a Scholar-Athlete patch for each sport season for which they qualify.

The following athletes are recognized as Capital Athletic League Scholar Athletes:

Women's Varsity Volleyball

- Catherine Cordano '19
- Allison Corgiat '21
- Dylan-Janice deGuzman '20
- Sydney Durana '20
- Madelyn Hesse '21
- Sophia Overstreet '20
- Chloe Splinter '20

Women's Varsity Golf

- Victoria Abansado '21
- Karina Brouwer '19
- Jessi de la Mora '20
- Ashley Eickman '19
- Katherine Gergen '20
- Ja'Lece Hickey '21
- Annabelle Horan '21
- Kathryn Maebori '20
- Grace Patterson '20

Varsity Football

- Andrew Dettling '19
- Frederick Fiske '19
- Chace Gallup '19
- Patrick Greiner '20
- Sawyer Hays '21
- Reed Mercer '20
- Anthony Miranda '19
- Jackson Ryan '20
- Jakob Uebelhoer '19

Men's Varsity Water Polo

- Dylan Delucchi '21
- Caleb Quinn '20
- Colin Quinn '20

Women's Varsity Water Polo

- Emma Busch '20
- Sydney Carlson '19
- Lana Jan '19

Varsity Cheer

- Eva Anders '19
- Jennifer Lee '19
- Sara Littlejohn '19
- Abigail Wall '20

Women's Varsity Tennis

- Fiona Babcock '21
- Bianca Noelle '21
- Emma Emigh '21
- Emma Frink '21
- Mariana Garcia '21
- Lola Jan '21
- Sophia Sidley '21
- Ai-Linh Tran '21

Varsity Cross-Country

- Samuel Copley '19
- Aileen Fortin '19
- Malia Gay '21
- Alberto Mujica '19
- Nicolas Sanchez '19
- Paige Sparks '21
- Enrique Verschoor '19
- James White '19

Save the Date!



JOIN OUR AUCTION VOLUNTEERS

Our Auction Meeting is on Tuesday, November 6 from 5:30-7:00 p.m. in Brother Bertram Hall. Please join our fun group! We need parents to help with the many parts of this large fundraising event. Come and check out what goes into the making this event for the ultimate benefit of our students.

Contact Joanne McShane at jmcshane@cbhs-sacramento.org or (916) 768-0253 with any questions.

