

FALCON FAMILY NEWS

A MESSAGE FROM THE PRESIDENT

"To be entrusted with the teaching of the young is a great gift and grace of God" – St. John Baptist de La Salle

DEAR FAMILIES:

One year ago, I packed up my belongings, and together with my husband, daughter, and dog, boarded a train for what would be a 2,000-mile journey to our new hometown of Sacramento. While I was beyond excited to unite my Catholic faith and professional vocation, and energized by the phenomenal students, families, teachers, and staff members I had already encountered, I had no way of fully appreciating the myriad *gifts and graces* of this incredible Christian Brothers High School community.

To say this has been a challenging year would be an understatement. The COVID-19 pandemic has caused much suffering with lives lost, economic hardships, and the painful isolation experienced by so many. As a school, we have weathered the uncertainty of the initial mandated closure, evolving safety recommendations and protocols, county tiers, and now, the Blueprint for a Safer Economy.

I am in awe of our students who have been resilient, creative, and hardworking, both online and in person. CB's student leaders have persevered in building community and enhancing connections. Their inventiveness and dedication to our Lasallian family amazes me still. Our Director and Assistant Director of Lasallian Student Life, with members of God Squad and SALT, have worked hard to celebrate and share our faith, while providing numerous opportunities for virtual retreats and service in our community. Our visual and performing arts teachers showcased student talents with radio plays, bi-weekly KBFT broadcasts, a virtual Christmas choral concert, online screenings of the spring play, a virtual La Salle Art Exhibit, and so much more. And, once sports were given the green light, our Athletics Department, coaches, and student-athletes hit the ground running with this year's sport seasons condensed into just a few short months.

Our faculty and staff have been steadfast in their dedication to students and families. Their efforts have been nothing short of heroic in ministering to both students online and in person two days a week, and now, four days a week. Educational innovation is at the heart of our Lasallian Catholic charism and it

has certainly been on full display in our classrooms and on our computer screens this year.

I am profoundly grateful for our community's commitment to safety and adherence to vital COVID-19 protocols including completing the *Safely Back to School* daily health assessment and weekly PCR testing for our on-campus learners, student-athletes, teachers, and staff. I am thrilled to share that as of today, May 1, we have not had any cases of COVID-19 transmission occurring at school since our return to campus in October.

With vaccines in process and available to individuals 16 years and older, there is light at the end of this dark COVID-19 tunnel. With it, comes a prayer and hope for a return to normalcy. One important step toward doing so for all of us at CB is celebrating the Class of 2021 on Saturday, May 15, with a graduation ceremony at Sutter Health Park. While these young men and women have missed out on so many of the traditional milestones that mark a senior year at CB, we look forward to honoring them as one class who together has weathered the unthinkable and emerged strong, spirited, and equipped to succeed in college and beyond.

Thank you, families, for the blessing of these seniors and all of our students. The *gifts and graces* of this incredible Christian Brothers High School community have been more than I ever imagined, and I am so profoundly grateful to have boarded that train and shared this past year with all of you.

Sincerely,



Crystal LeRoy, Ed.D.

President

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COUNSELING

Summer is still a time for action!

The counselors would like to remind students and families that summer is a good time to continue college planning and academic preparation. Studies continue to show that students who are involved in structured, productive activities in the summer are less likely to engage in at-risk behaviors. Busy, involved, and goal-oriented students who are working on academic pursuits, athletics, a summer job, community service or enrichment activities are better prepared for the rest of high school and for college.

In addition to the many outside summer program opportunities available, consider CB's own [Summer School and Summer Fun program](#).

Here are several other things that students should be doing this summer:

All Students: Remember to **spend time this summer completing your [summer reading assignments](#)!**

Freshmen: Log into your [Scoilr](#) account and update your Profile (resumé).

Sophomores:

- **Update your Profile (resumé) and complete You Science assessments in [Scoilr](#).**
- Utilize [Khan Academy](#)'s online SAT prep and the online [ACT Academy](#) to **start preparing for the PSAT/NMSQT, which will be given in October.**
- See the [Counseling web page](#) to find out more about **College Summer Programs.**

Juniors:

MAY/JUNE

- **Start prepping for the SAT** by utilizing [Khan Academy](#)'s online test prep and for the ACT by utilizing [ACT Online Prep](#) for schools that require the exams or may be test optional.
- Plan for a challenging senior year. If you want to make course changes other than what you pre-registered for, please contact [Mrs. Gormley](#).
- **Update your resumé on [Family Connection](#)** and finish any other suggested activities.

SUMMER

- **Complete summer "homework" for college admission** (distributed soon by Ms. McClellan and Mrs. Melarkey in the Class of 2022 Schoology Page and mailed home) – **This is due the first day of school in August!**
- **Check [commonapp.org](#) and other college admissions websites for dates when colleges begin accepting applications** (the Common App opens over the summer and the UC App will open August 1).
- **Start checking out financial aid and scholarship resources** and continue this throughout the summer. Try [www.fastweb.com](#) or [www.finaid.com](#) as well as the Scholarship Search and Scholarship Match on [Family](#)

Connection. Next fall will be very busy with classes, college applications and other activities, so "downtime" in the summer is the perfect time to seek out these opportunities.

- Begin drafting your college essay (part of summer "homework").
- **Log into [Family Connection](#) to research colleges and career opportunities, and visit colleges** if you can.
- Do something extraordinary! Try a summer program on a college campus (we have a list on the [Counseling web page](#)), work at a job, or complete a service activity.

Seniors:

MAY

- **You must submit your acceptance ("Statement of Intent to Register") to the college you have chosen to attend by Saturday, May 1.**
- Congratulate yourself and finish strong!
- **Go to [Family Connection](#) by 8:00 a.m. on Monday, May 3 and list the colleges where you were admitted and where you have decided to enroll.**
- **Fill out college housing forms and pay careful attention to deadlines** concerning housing deposits, etc.
- **Write "thanks, but no thanks" letters to colleges you will not attend.** Emailing them is okay. Ask [Ms. McClellan](#) or [Mrs. Melarkey](#) on how to do that if you don't already know how.
- Now is the time to order your final transcript for college. **Order your final transcript at [this link](#).**

June

- **Make sure you have responded to all requests from your college of choice.**
- Don't forget to thank your teachers, counselors, the registrar, etc. for all of their help over the past four years!

Important Reminders for Students who Receive 'D' or 'F' Semester Grades

- All semester F's must be remediated during the summer in [CB's Summer School program](#).
- Any semester F's for seniors will cause you to not receive the CB diploma that you have worked for over four years.
- Semester D's could put a student in jeopardy of not being eligible for four-year colleges and universities immediately after high school. We strongly suggest that D's be remediated in the summer! (If you have any questions regarding the need for taking these courses or the consequences of not taking them, please see the [CB Course Catalog](#) on the school website and/or contact your child's grade-level counselor).

Counseling Issues Arising Over the Summer

All counselors (grade-level, college and wellness) will be accessible by [email](#) should any issues arise that require counseling and/or an outside referral. Feel free to reach out to us. We want to continue to help our students and parents during the summer break.

May Falcon Drop-off Drive

Join us for the **Falcon Drop-off Drive on Saturday, May 8 from 9:00 a.m. to noon at CB!** Donations will go to Camp Recreation, Minority Camp, and WIND Youth Services.

Items needed include shampoo, body wash, toothbrushes, toothpaste, chapstick, hand sanitizer, sunscreen, deodorant, insect repellent, lotion, washcloths, \$5 gift cards to Subway, Walmart, and Target, circus board games, decks of cards, Jenga, etc.

Wish list:

- shampoo
- body wash
- toothbrush
- toothpaste
- chapstick
- hand sanitizer
- sunscreen
- deodorant
- Insect repellent
- lotion
- washcloths
- \$5 gift cards to Subway, Walmart or Target
- and circus board games, decks of cards, Jenga, and more!

9 am – 12 pm

Collected donations will go to:
**Camp Recreation,
Minority Camp, and
WIND Youth Services**

**Saturday
May 8**

2021-2022 ASB Lasallian Student Life Council

Congratulations to the newly elected members of next year's ASB LSLC!

- **ASB President:** Marcos Galvan '22
- **ASB Vice President:** Maya Sharma '22
- **ASB Secretary:** Madeline McDougall '23
- **ASB Treasurer:** Feven Berhane '23
- **ASB Communications/Publicity:** Thomas Berger '23 and Grace MacDonald '23
- **ASB Clubs Commissioner:** Madeline Salinas '24
- **ASB Falcon Force Spirit Commissioner:** Tayla Harding '23
- **ASB God Squad/SRLT Commissioners:** Kaylin Holliman '22
- **ASB SALT Commissioners:** Nicholas Goldberg '23 and Peyton McDonald '23

Kairos 80 Senior Retreat

Please pray for the seniors who are on Kairos the first weekend of May as they partake in this modified, special CB tradition!

Club Updates

- **Academic Decathlon** is a club, team, and class. Students study and prepare from May through February to compete in the Sacramento County competition, where they are tested in seven subject areas linked by a central theme, deliver speeches, and compose a timed essay. The 2021 team competed virtually, winning fifth-place medals, as well as multiple individual medals. This placement earned CB its first invitation to the California State Aca Deca event.
- The **Asian Cultural Alliance (ACA)** is a club run for the students, by the students. ACA aims to spread cultural awareness to the CB community about Asian minorities and share the distinct culture of each Asian country. Though this year has been challenging for the CB community, ACA has been successful in creating events celebrating Asian cultures through the Mid-Autumn Moon Festival, Lunar New Year Celebration, and Asian Pacific Islander Month.
- The **Beautiful Game** club is devoted to following the world's Beautiful Game: football, soccer, futsal, volleyball, calcio, etc., on a weekly basis. The club looks to form a community within CB to expand the knowledge of the variety of clubs, their style of play, and histories. Each week, members are invited to give their predictions of the weekly fixtures in the myriad of leagues and cup competitions. This year, they had online conversations regarding the Champions League and the proposed European Super League. They look forward to next school year when they can once again gather to view games online during lunch breaks and share their passion and love of The Game.
- The **Black Student Union** is pleased to have served the CB family in a few activities this hybrid semester. The BSU prayer offerings during Black History Month were well received. Their annual Career Night with a focus on STEM was held virtually and the students gathered great insights about STEM education and careers paths. We celebrate our seniors and pray for their continued success. It is notable that some will attend the Historically Black Colleges and Universities of Hampton University, Clark-Atlanta University and Spelman College.
- 14 members of the **CB Theatre Society** spent six weeks of after school time this semester rehearsing and putting together a virtual production of the comedy *Twentieth Century*. See more details in the MVPA section.
- **De La Dudes** worked this semester on "Sh Boom" and concentrated on having fun together and bonding as male singers at CBHS.
- **De La Femme** worked this semester on "Beauty School Dropout" and helped each other learn good video performance techniques on Teams.

Club Updates (continued)

- The **Environmental Club** had interesting discussions about how important the environment is to protect, and how we can contribute. They read articles together, watched informative videos, and exchanged ideas about sustainable gifts. The club had a CA wildflower seed fundrasier. They also had excellent guest speakers, designed club t-shirts, and bought stickers for the on-campus recycling and garbage cans. Some club members wrote environment-based articles for Earth Day. They enjoyed getting together and discussing topics they care deeply about.
- **Heartbeats**, the pro-life club, seeks to promote a culture of life in our school and community. The group educates members about important life issues, so that they will be better able to defend and support life from conception to natural death. Heartbeats has helped with the Sacramento Life Center's baby-bottle fundraiser and members volunteer for the Center's gala every year.
- **Lasallian Youth** has had a great year because of the amazing effort of students who pivoted to online tutoring this year. As a final project, the club is collecting supplies for Sr. Nora's Place, which provides long-term overnight shelter and case management for women who have experienced chronic homelessness, trauma, and serious mental and physical health impacts. **Items needed are twin mattress pad covers, twin sheet sets, house slippers/flip flops, nail clippers, tweezers, hairbrushes, first aid kits, hair ties, disposable razors, gift cards, daily bus passes, and toilet paper. Items may be dropped off in Room 207 or at the Falcon Drop-off Drive on Saturday, May 8.**
- **Mathletes** participated in their final competition of the year on April 14. Despite the pandemic, they competed each month in virtual competitions against area high schools in the areas of Arithmetic, Algebra, Geometry, Trig/Analysis and Group Problem Solving. Great participation by Brooke Brandenburger '22, Joshua Elboom '22, Ethan Fung '23, Marcos Galvan '22, Eliza Mikacich '22, Lena Mikacich '22, Tien Nguyen '21 and Alicia Romani '23.
- **Open Mic** is working hard to bring a digital and live show for the final Open Mic of the year, the "Senior Open Mic" senior sendoff. See more details in the MVPA section.
- **Photography Club** has been meeting every other week with presentations covering themes, styles, techniques and composition. There have been themed contests held on the weeks in between meetings and members vote to choose winners. At the end of each semester, the leaderboard is finalized and the top winners are announced.
- The **Young Conservatives** is a student-driven club dedicated to the ideals of traditional political conservatism. Their meetings are meant to inform students about fundamental conservative ideals as well as issues of the day. Young Conservatives welcomes students of all political leanings to engage with them in open and respectful discussions.
- **Young Progressives** have met each week throughout the school year to discuss important political, social, economic,

and cultural issues that affect society today. Many of the members were able to put ideas into action by volunteering during the 2020 election. The club recently ushered in a change of leadership as their amazing senior leadership team is graduating. They are looking forward to a new year of learning, debating, promoting, and volunteering for progressive causes throughout the Sacramento region, and welcome anyone interested in joining their club.

- The **Robotics Club** consists of students interested in all things engineering. The club participates as an active member of MATE ROV Competition and FIRST Robotics. This year, we were not able to partake since the pandemic prevented us from meeting to build, program, or compete. We will jump into MATE at the beginning of the new school year and will engage FIRST when we host our annual FIRST Lego League (FLL) competition at CB in November 2021.

MEDIA, VISUAL AND PERFORMING ARTS

It has been a very different year in the Arts at CB but even the challenges of a pandemic can't stop our creativity!



Visual Arts

The **29th annual La Salle Art Exhibit** went digital this year, putting the talents of our Visual Arts students on full display. [Click here](#) to enjoy the show.

(left) *Minha Família* by Raquel Silva '21, Best in Show - 29th Annual La Salle Art Exhibit

Theatre Arts

Theatre produced the screwball comedy ***Twentieth Century*** via Zoom that premiered on Friday, April 23. You can see the kids ham it up at [this link](#) through **Sunday, May 2** (and it's free!)

Open Mic Night

Open Mic will be producing their **final show of the year on Friday, May 14 at 7:00 p.m.** This show will feature acts performed live, as well as recorded, and will stream on [KBFT's YouTube channel](#). Anyone is welcome to submit an audition video, though preference is given to seniors.

Students wishing to submit an audition video to perform live at the show or submit a show-quality pre-recorded video must do so by 5:00 p.m. on Friday, May 7 to CBOpenMic@gmail.com. Please email [Mrs. Schorn](#) if you have any questions.

We're so proud of all our wonderful CB artists who persevered, found ways to create, and shared their talents with our community. It has truly been a source of joy in a difficult time. Have a great summer and we'll see you in the fall!

CAL and Falcon Scholar-Athlete Awards

Eligibility: Athletes who are members of a CAL recognized varsity team are eligible for the award. Freshmen are not eligible as the athlete must have at least one year of grades, beginning with the ninth grade. The athlete must finish the season in good standing.

GPA: Athletes must have a cumulative 3.5 or above weighted or unweighted grade point average as well as a current 3.5 or above weighted or unweighted GPA. The cumulative GPA is based on cumulative grades of semesters (or tri-semester) from ninth grade onward, including the grading period that the athlete is participating in a sport.

Award: The league started the Scholar-Athlete award in the Fall of 2014. Athletes will be awarded a scholar-athlete patch for each season for which they qualify. The award is presented to the athlete based upon two criteria: the athlete completes the season in good standing and the student-athlete has the required GPA at the completion of the grading period of the sport season in which the athlete participated.

Congratulations to the following students!

Dive

- Abigail Boyers '22
- Marisa Cabrera '21
- Gwyneth Culleton '23
- Simone Gandy '21
- Kathleen (Kate) Ruecker '23

Men's Varsity Golf

- Thomas Berger '23

Women's Varsity Volleyball

- Alexis Adebodun '22
- Brooke Bonetti '22
- Allison Corgiat '21
- Hillary Chu '22
- Kenna LaFitte '22
- Gillian Hurley '22
- Margaret Melarkey '21
- Alyssa Nguyen '23
- Lilian Patock '22
- Danielle Thiebaud '23
- Julia White '22

Men's Varsity Volleyball

- Joshua Elboom '22
- Nicholas Edgar '22
- Jack Gonong '23
- Julian Isler '23
- Ryan Rodriguez '22

Varsity Softball

- Yvette Castellanos '22
- Kennedy Cunha '22
- Jolie Gomez '23
- Tiana Johnson '23
- Ysabel Moreno '21

Swim

- Brooke Brandenburger '22
- Patrick Cahill '22
- Karina Elliott '22
- Abigail Fox '22
- Sarah Freeman '21
- Abigail Hurst '23
- Derek Larson '23
- Melody Lednicki Lehman '22
- Eliza Mikacich '22
- Andrew Perrault '22
- Thomas Piper '21
- Natalie Rominger '23
- Lana Storm '23
- Helen Symkowick-Rose '23
- Logan Tiska '23
- Jack Vicari '23
- Jenna Yates '23

Track and Field

- Alyssa Angulo '21
- Samuel Bateman '22
- Brandon Beck '21
- Annie Charleboix '21
- Chloe Decker '21
- Christopher DeShong '21
- Ryan Dong '22
- Talyn Fale '23
- Bridget Fitzpatrick '23
- Malia Gay '21
- Desmond Greer '21
- Nicholas Gustafson '22
- David Hock '21
- Brooklyn Horst '23
- Audrey Jeffers '21
- Lily Jensen '23
- Devin Johnson '22
- Clayton Ketcher '21
- Brendan King '22
- Raphael Lobo '21
- Alexanderia Moya '23
- Jack O'Brien '21
- Michael Petilla '22
- Anne Rodriguez '23
- Tyler Simi '23
- Nathan Smith '21
- Jonathan Stenger '21
- Lyman Tadewald '21

Men's Tennis

- Timothy Cole '23
- Nolan Fernandez '23
- Cristian Narvaez Gordon '22
- Samreet Sran '22
- Jacob Steenhausen '23
- Alexander Stone '21
- Samuel Strachan '23
- Anthony Tan-Andia '21
- Lucas Walter '23
- Mitchell Youker '22

Varsity Baseball

- Giacomo DelPiero '22
- Jake Elorduy '22
- Isaac Stone '22
- Jacob Tandy '22
- Gian Vanacore '21
- Myles Warner '22
- Jacob Wingert '21

Men's Varsity Basketball

- Ben Adams-Munoz '23
- Preston Briggs '21
- Dylan Delucchi '21
- Wesley Howell '21
- Thomas Milton '21
- Michael Moreno '21

Women's Varsity Basketball

- Kendyl Chin '22
- Janelle Chin '21
- Sarah Jackson '21
- Faith Mucheru '21
- Sarai Rice '22

Falcon Scholar-Athlete Awards

The following sports are not represented in the CAL League.

Women's Varsity Lacrosse

- Savannah Castillo '23
- Elizabeth Cotillo '21
- Ava Dominguez '22
- Tessa Easterling '22
- Jaden Herne '22
- Brooke Koenig '22
- Kathleen Kuzmich '23
- Sienna Schubert '22
- Shannon Wong '23
- Sofia Zanzi '22

Men's Varsity Lacrosse

- Raymond Fernandez '22
- Russell Foster '22
- Liam Gough '23
- Nathaniel Guerrero '23
- James Kubish '22
- Jackson Schlink '22
- Joshua Schneider '22

CB's Summer School Program Provides Excellent Options for Students

Our summer school program at CB provides excellent opportunities to accelerate a student's curriculum goals or provide schedule relief next year and allow for a study hall one or both semesters.

Please view the courses that will be offered this summer on the [Summer School and Summer Fun program web page](#) or see your counselor to discuss your options.

Christian Brothers High School SUMMER SCHOOL & SUMMER FUN! June 14 - July 23, 2021

Enriching virtual and hybrid classes for high school students



Registration is now open!

www.cbhs-sacramento.org/summer-program

Senior Council Updates

On Thursday, April 22, the Senior Class Council hosted a drive-in movie night for the Class of 2021. Over 150 seniors enjoyed snacks, laughs and good company while watching *Ferris Bueller's Day Off* at the CB parking lot on a chilly Sacramento evening. Thank you to all who attended!

Members of the Class of 2021 and their families participated in a Sacramento-based scavenger hunt during Easter Break. Clues led them to various spots around the city, and they submitted photos of their efforts to enter for various prizes. Congratulations to all of our winners, whose pictures are shown on the right!

Important Class of 2021 Updates

Seniors need to check their Class of 2021 Schoology page every day until Graduation. The following items have been announced in that page:

- **Thursday, May 6 (4:30–6:30 p.m.) Cap and Gown Parade at CB** – This event is for the seniors and their parents. Decorate your car and enjoy being the star of the parade! We ask that you make a sign with the student's last name written in a large font so we can easily identify them and hand them the correct bag with the cap, tassel and gown.
- **Wednesday, May 12 (12:00–3:00 p.m.) Practice for Graduation in the Ron Limeberger '86 Gymnasium**
- **Saturday, May 15 Graduation at Sutter Health Park** – **Gates open at 10:00 a.m.** Bags will be checked. Only clear bags are allowed. **Tickets will be sent to the student's CBHS email.**
- **Saturday, May 15 (6:30 p.m.) Semi-Formal Dinner for all graduates at CB** – This event will take place on the Main Lawn at CB beginning at 6:30 p.m. **A survey form with menu options is in the Class of 2021 Schoology page.**



Allison Felker '21



Malia Gay '21



Desmond Greer '21



Fiona Babcock '21