

FALCON FAMILY NEWS

A MESSAGE FROM THE PRESIDENT

DEAR FAMILIES:

Sixteen years ago, I joined the CB community as President/CEO. Last summer I announced that 2019-20 would be my last year of service. Never could I have realized my time at CB would end under such strange circumstances. Just six weeks ago, few of us could have conceived the scenario in which we're now living.

I'm certainly missing the series of "lasts" and the rituals that come with the end of a school year. But it's our seniors and their families that I ache for, and our faculty and staff I so deeply appreciate.

When I decided to step down, we were wrapping up a major fundraising campaign and plans were in place to complete a major campus improvement project. We had obtained our six-year accreditation. Enrollment was at capacity. Our students were being served by excellent teachers. Many of the ingredients were in place for a timely transition for the school. And, personally, after 24 years as a Catholic high school president (16 years at CB and eight years in Ohio), I knew it was time to seek new opportunities.

The CB community has touched my heart and nourished my soul. From the Brothers and the Board of Trustees, to our alumni and alumni families, our faculty and staff, and our current students and families, I have had the honor of serving a sacred mission with and for outstanding people. Patti and I are blessed that our three sons – Jimmy '12, Jack '15, and Pat '17 – are CB alumni.

In the past 16 years, the campus has been transformed: an air conditioning system, Witry Field House, Cunningham Performing Arts Center, Chapel of St. Joseph, Bollinger Stadium, and a host of other improvements. We have become the largest Catholic school in the region. Every student has an iPad as part of our robust technology program. We've welcomed numerous international students into our community. These are noteworthy changes accomplished thanks to the hard work and generosity of MANY.

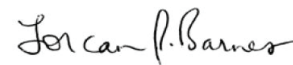
But as I reflect on these changes, I'm most proud of the human and Christian education that took place before I arrived and will continue long after I leave. CB is a microcosm of what Christ's

Kingdom CAN be. We bring together a diverse group of students and families and we build genuine community. Generous benefactors enable us to provide access to a world-class education for students from low- and modest-income families. And the quality of our education is singularly distinctive, so that families of means choose to send their children into the heart of Oak Park. Seeing students take pride in their accomplishments; knowing life-long relationships are being established; watching students grow into spiritually rich, morally courageous, and intellectually distinguished young adults...THAT'S what I'll miss the most.

Dr. Crystal LeRoy will begin her service as CB's president on July 1. I have enjoyed working on a smooth transition with Dr. LeRoy. CB is fortunate to have an educational leader of her caliber to lead us toward our sesquicentennial in just a few years (CB will turn 150 in 2026!). Dr. LeRoy is working with a committee to identify a principal who will lead our school's academic and co-curricular programming.

New leadership for a solid team of faculty and staff, financial strength, excellent reputation, great students, and engaged parents...the ingredients are in place for a bright future. CB will look different in many ways when we return to our new normal. But we will still be guided by faith and committed to our mission to provide a human and Christian education to the young, especially the poor.

God bless,



Lorcan P. Barnes
President/CEO

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COUNSELING

Summer is still a time for action! The counselors would like to remind students and parents that summertime is a good time to continue college planning and academic preparation. Studies continue to show that students who are involved in structured, productive activities in the summer are less likely to engage in at-risk behaviors. Busy, involved and goal-oriented students who are working on academic pursuits, athletics, a summer job, community service or enrichment activities are better prepared for the rest of high school and for college. With the possibility of continued health restrictions, consider CB's own [online Summer School program](#) and remember there are several other things that students should be doing this summer:

All Students: Remember to spend time this summer completing your **summer reading** assignments!

Freshmen: Update your **resumé** and finish your **MI Advantage** on [Family Connection](#) if you have not already done so.

Sophomores: Update your **resumé** and complete any other activities that are suggested on [Family Connection](#). Utilize Khan Academy's [online SAT prep](#) and the online [ACT Academy](#) to start preparing for the PSAT/NMSQT, which will be given in October. See the [Counseling web page](#) to find out about **college summer programs**.

Juniors: A checklist of reminders:

MAY/JUNE

- Start prepping for the SAT by utilizing Khan Academy's [online test prep](#) and for the ACT by utilizing [ACT Online Prep](#).
- Plan for a challenging senior year. If you want to make course changes other than what you pre-registered for, please contact [Mr. Riley-Portal](#).
- Update your **resumé** on [Family Connection](#) and finish any other suggested activities.
- Think about signing up the **summer Kairos retreat (tentative – see Campus Ministry section)**, especially if you have a lot of activities going on next year and don't want to miss three days of school.

SUMMER

- Complete **summer "homework" for college admission** (will be distributed soon by Ms. McClellan and Mrs. Melarkey in the Class of 2021 Schoology group) – **This is due the first day of school in August!**
- Check [commonapp.org](#) and other college admissions websites for dates when colleges begin accepting applications (the Common App opens over the summer and the UC App will open August 1).
- Start checking out **financial aid and scholarship resources** and continue this throughout the summer. Try [www.fastweb.com](#) or [www.finaid.com](#) as well as the **Scholarship Search and Scholarship Match** on [Family Connection](#). Next fall will be very busy with your classes,

college applications and other activities that you are participating in, so "down-time" in the summer is the perfect time to seek out these opportunities.

- Begin drafting your college essay (part of your summer "homework").
- Log on to [Family Connection](#) to research colleges and career opportunities and visit colleges if you can.
- Do something extraordinary! Try a summer program on a college campus (we have a list on the [Counseling web page](#)), work at a job, or travel (if safety permits).

Seniors:

MAY

- You must **submit your acceptance ("Statement of Intent to Register") to the college you have chosen to attend by May 1 (some schools have pushed back the deadline to June 1st!)**
- Congratulate yourself but finish strong. Final grades do count!
- **Go to [Family Connection](#) by May 8 and list the colleges where you were admitted and where you have decided to enroll.**
- Fill out college housing forms and pay careful attention to deadlines concerning housing deposits, etc.
- Write "Thanks, but no thanks" letters to colleges you will not attend. E-mailing them is okay. Ask Ms. McClellan or Mrs. Melarkey for help on how to do that if you don't already know how.
- Now is the time to order your final transcript for college. [Click here to order your final transcript.](#)

JUNE

- Make sure you have responded to all requests from your college of choice.
- Don't forget to thank your teachers, counselors, the registrar, etc. for all their help over the past four years!

Important Reminders for Students Who Receive 'D' or 'F' Semester Grades

- All semester F's must be remediated during the summer in our CB Summer School program.
- Any semester F's by seniors will cause you to not receive the CB diploma that you have worked for over four years.
- Semester D's could put a student in jeopardy of not being eligible for four-year colleges and universities immediately after high school. We strongly suggest that D's be remediated in the summer! (If you have any questions regarding the need for taking these courses or the consequences of not taking them, please see the [CB Course Catalog](#) on the school website and/or contact your child's grade-level counselor).

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COUNSELING (CONTINUED)

Summer School & Summer Fun 2020

CB's Summer School program is now online. Our summer school program at CB provides excellent opportunities to accelerate a student's curriculum goals and schedule relief next year and allow for a study hall one or both semesters. Please view the courses that will be offered this summer on our [website](#) or see your counselor to discuss your options.

Counseling issues over the summer

All counselors (grade-level, college and wellness) will be accessible by email should any issues arise that require counseling and/or an outside referral. Feel free to reach out to us. We want to continue to help our students and parents during the summer break.

STUDENT ACTIVITIES

Freshman Class Council

Applications for the Freshman Class Council were due Thursday, April 30 online through the [Incoming Freshmen page](#) on the CB website. Interviews for Freshman Class Council are in the planning stages and all candidates will be contacted individually soon with more information. These are planned to be held in mid-June.

Virtual Prom

Though we cannot meet face-to-face for Upper Division Ball, the CB Leadership Class cordially invites all students to a **Virtual Prom on Saturday, May 9**. More information will come to our student body via Schoology and the weekly Friday email update. Stay tuned!

Virtual Founder's Day

Friday, May 22 marks our annual Founder's Day celebration. Though it will look different this year, we hope to create a virtual experience of Lasallian community for all to share. Students will get information via Schoology in the upcoming weeks.

Summer School & Summer Fun 2020 June 15 - July 24, 2020

Summer is just around the corner! Due to the current health concerns, CB's high school summer program is now online. We will continue to offer the same high-quality summer school program as in previous years, but in a digital learning format.

Click here to learn more and register. Registration is limited and early enrollment is encouraged.

Contact Julian Elorduy '03, summer school director, at jelorduy@cbhs-sacramento.org if you have any questions.

2020-2021 Student Council

Congratulations to the newly elected 2020-2021 Student Council!

ASB Officers

PRESIDENT: Bella Barbosa '21

VICE PRESIDENT: Desmond Greer '21

SECRETARY: Miles Tibon '22

TREASURER: Marcos Galvan '22

PUBLICITY/MEDIA: William Rockas '21 and Will Tuschinski '21

Senior Class Council '21

John Bonini, Senior Class President

Chloe Decker

Rubi Fernandez

Peter Genus

Chet Hewitt

Clayton Ketcher

Mathew Thomas

Junior Class Council '22

Yvette Castellanos

Ryen Clark

Cooper Davey

Jaden Herne

James Kubish

Kai Labson

Maya Sharma

Sophomore Class Council '23

Thomas Berger

Sophia Garcia

Grace MacDonald

Madeline McDougall

Joseph Powers

Nicole Staggs

AnnaMaria Thomas

Reflections for May...

A strong woman works out every day to keep her body in shape...
But a woman of strength kneels in prayer to keep her soul in shape.

A strong woman isn't afraid of anything...

But a woman of strength shows courage in the midst of her fear.

A strong woman won't let anyone get the best of her...

But a woman of strength gives the best of her to everyone.

A strong woman makes mistakes and avoids the same in the future...

But a woman of strength realizes life's mistakes can also be God's blessings and capitalizes on them.

A strong woman walks sure footedly...

But a woman of strength knows God will catch her when she falls.

A strong woman wears the look of confidence on her face...

But a woman of strength wears grace.

A strong woman has faith that she is strong enough for the journey...

But a woman of strength has faith that it is in the journey that she will become strong.

- Marta S. Hardy

As we enter the month of May we have the opportunity to celebrate mothers. These remarkable women who care for us, teach us, guide us, nurture us, and inspire us are living examples of God's love here on earth. While I am no longer fortunate to have my mom with me, I carry her presence and the lessons she taught me deep in my heart. As we celebrate our moms, we can also take time to honor and celebrate, Holy Mary, mother of us all. Her grace, strength and willingness to answer God's call with complete truth and surrender should be an example for all of us as we strive to know and follow God's will for our own lives. Through the intercession of Mary, let us give thanks for the countless blessings that mothers are in our lives.

Blessings throughout this Easter season,
Jen Yearwood, Director of Campus Ministry

Prayer and Worship

During this time of the COVID-19 pandemic, Campus Ministry is providing daily Monday-Friday resources that may be helpful in providing some faith-based reflection and spiritual nourishment. Please use the following YouTube links to access where these resources are posted. You will find a Morning Prayer video link as well as links to our Midday Mountaintop Moments. These are simple reflections based on a song meant to provide a few moments of peace, meditation and reflection. Additionally, you can find tribute videos that have been created during this time.

- [Click here](#) for the Morning Prayers.
- [Click here](#) for the Midday Mountaintop Moments.
- [Click here](#) for link to Tribute Videos.

Retreats

We are currently still working to providing some kind of Kairos experience for our seniors who were set to attend K80 in March. Thank you for your patience!

The Summer Kairos retreat for current juniors is currently on hold. Our original dates, June 1-4, were canceled by our site. We are awaiting further information on when we will be able to host gathered events. Thank you for your patience. In the meantime, **all juniors have been asked to please complete a [Kairos Interest Form](#) that was posted in the Class of 2021 Schoology group.** We still have many juniors who have not completed this form. Please contact Ms. Yearwood if you have additional questions.



Special thanks to this year's **Senior Retreat Leadership Team (SRLT)** for their work and ministry throughout this year! You are all amazing! 2019-2020 members included: Marissa Adolphson '20, Alonzo Aguillio '20, Alex Bagatelos '20, Alaine Blasé '20, Asher Bloom '20, Emma Busch '20, Sofia Bustos-Bennett '20, Mikaela Dacanay '20, Melissa Ellis '20, Joey Engstrom '20, Mariah Escobar '20, Rafael Fernandez '20, Calvin Fiske '20, Emma Fitzpatrick '20, Katie Gergen '20, Emily Hancock '20, Mierra Haroldson '20, Madrey Hilton '20, Elizabeth Hinton '20, Whitney Hunt '20, Alex Isler '20, Anna Jimenez '20, Abby Kauss '20, Carly Krause '20, Lolo Larraguivel '20, Daniel Larsen-Anderson '20, Hunter Leong '20, Kathryn Maebori '20, Brianna McCarley '20, Sage Ness '20, Kayla Piegaro '20, Laney Prichard '20, Ting-ting Pu '20, McKenna Purdy '20, Grace Ramirez '20, Alfonso Ruiz '20, Jackson Ryan '20, Danielle Santiago '20, Jazelle Sevilla '20, Priya Sharma '20, Bria Shine '20, Liv Tanberg '20, Grace Tangen '20, Brian Taylor '20, Emelie Thomas '20, Lauren Towne '20, Riley Vigil '20, Anna Vishaj '20, and Emma Wood '20.



*St. John Baptist de La Salle, pray for us.
Live Jesus in our hearts, forever!*

The Social Action Leadership Team (S.A.L.T.) is a faith-based student organization under Christian Service. S.A.L.T. assists in various outreach efforts in the local community and with our sister school, St. John Baptist de La Salle School in Addis Ababa, Ethiopia. S.A.L.T. embraces servant leadership qualities, action to serve, and accompanies students in the journey of servanthood.

Volunteering

Students: Please follow guidelines and restrictions set by our local government agencies and health organizations to stay safe. Before

Thank you for your service – it is an honor to serve with you!



Messages to the Class of 2020



MEDIA, VISUAL & PERFORMING ARTS

The Arts are in bloom this spring! The student artists and teachers of CB won't let current circumstances stifle their creativity or prevent them from sharing their art with the community.

Media Arts + Visual Arts

KBFT continues its morning broadcasts to keep the community up to date and entertained with a variety of segments. A [recent broadcast](#) featured the **Visual Arts** winners of this year's [28th annual La Salle Art Exhibit](#). Even though we couldn't have the show in person, the impressive submissions are well worth checking out on YouTube.

Open Mic

Open Mic will still be happening, though in a digital format. All students are welcome to submit a full video performance to Ms. Schorn for consideration by 3:00 p.m. on Monday, May 11. Details have been posted in Schoology. Keep an eye on updates and announcements for the streamed live event. Message Ms. Schorn on Schoology or email her at nschorn@cbhs-sacramento.org for any questions.

Performing Arts

Arts teachers are innovating in the digital classroom as well. **Choral** and **instrumental** students are taking full advantage of the ability to record and share video and audio recordings to keep their skills sharp. Students submit recordings of their exercises and learn music theory over Zoom conferences.

Theatre Arts

Theatre is also using video conferencing apps like Zoom and Microsoft Teams to allow students to connect and perform together. Students in Theatre Arts and Acting Focus will be recording Zoom performances while improvising costuming, lighting and scenery, and even adding sound cues and effects to their videos. If you'd like to see how this works, check out this [sample video](#) made by our theatre teachers Mr. Jackson and Ms. Christianson '01.



Congratulations to Ms. Chrys Cassetta on being named the 2019-2020 Lasallian Educator of the Year!

[Click here to watch the announcement video.](#)

Easter Break Fun!



ATHLETICS

FinalForms

Please note the following important information concerning the upcoming athletic year: An email message will be sent to all families regarding how to register in FinalForms for the 2020-2021 school year. All athletes must have the FinalForms athletic medical clearance with a valid physical prior to any participation in summer athletics. **To access FinalForms and for more information, please [click here](#).**

Winter 2020

Congratulations to all our winter athletes who were selected as CAL All-League Athletes:

Men's Basketball

Angelo Butler '20
Mike Moreno '21
Ryan Toschi '20

Men's Soccer CAL Offensive Player of the Year

Hunter Dierlam '20

Women's Basketball

Karli Cooper '22
Sarah Jackson '21
Faith Mucheru '21

Men's Soccer

Josaun Fitten '20
Jackson Ryan '20
Tyler Valerio '21
Johnnie White '20

CAL Most Valuable Player

Bria Shine '20

CAL Coach of the Year

Shandyn Foster '00

Women's Soccer

Ainsley Carroll '20
Mariah Hudnut '20
Lexi Rakela '21
Lauren Towne '20

Congratulations to the women's basketball team for the All-Metro selections by *The Sacramento Bee*: Karli Cooper '22, Sarah Jackson '21, Faith Mucheru '21 and Bria Shine '20.

Congratulations to the men's basketball team for the All-Metro selection of Ryan Toschi '20.

Spring 2020 Falcon Scholar-Athletes

Rugby

Elias Emseih '22
Eli Garcia '22
Xavier Metcalfe '21
Frederick Stewart Jr. '21
Lyman Tadewald '21

Women's Lacrosse

Lindsey Cooper '20
Elizabeth Cotillo '21
Tessa Easterling '22
Katherine Gergen '20
Jaden Herne '22
Rudy Lazard '20
Simone LeForestier '22
Lily Witry '20

Spring 2020

Congratulations to all our spring athletes who were selected as CAL Scholar Athletes:

Men's Volleyball

Alonzo Aguillo '20
Daniel Larsen-Anderson '20
Nicholas Edgar '22

Men's Tennis

Chris Fong '20
Kai Hay '20
Anthony Tan-Andia '21
Cristian Gordon '22
Samreet Sran '22

Women's Softball

Yvette Castellanos '22
Kennedy Cunha '22
Grace Tangen '20

Swim

Emma Busch '20
Ainsely Carroll '20
Parker Spellacy '22
Caleb Quinn '20
Colin Quinn '20
Patrick Cahill '22
Eliza Mikacich '22
Brooke Brandenburger '22
Melody Lehman Lednický '22
Raphael Lobo '21
Karina Elliott '22
(Rain) Yu Cheng '21
Madison Flewellyn '22
Abigail Fox '22
Thomas Piper '21
Dylan Delucchi '21
Skylar Rapp '21

Golf

Hunter Leong '20
Connor McLaren-Finelli '20
Leland Munn '20

Track and Field

Caroline Duncan '20
Mariah Escobar '20
Emma Fitzpatrick '20
Wyatt Greco '20
Emily Hancock '20
Mariah Hudnut '20
Elizabeth Hinton '20
Haily Holston '20
Kathryn Maebori '20
Brett Petkus '20
Jackson Ryan '20
Jazelle Sevilla '20
Andrew Tanjuakio '20
Emma Wood '20
Clayton Ketcher '21
Jonathan Stenger '21
Ryan Dong '22
Chloe Decker '21
Audrey Jeffers '21
Malia Gay '21
Annie Charleboix '21
Christopher DeShong '21
Columba Effiong '22
Brandon Beck '21
Jacob Schnetz '21
Jonathan Ferguson '21

Diving

Elizabeth Blake '20
McKenna Purdy '20
Marisa Cabrera '21
Simone Gandy '21

Men's Baseball

Lars Jensen '20
Reed Mercer '20
Cooper Williams '20
Gian Vanacore '21
Jacob Wingert '21