

Concussion Protocols: An athlete who is suspected of sustaining a concussion or head injury shall be immediately removed from activity for the remainder of the day, and shall not be permitted to return to the activity until he or she completes the following steps:

- The athlete must be evaluated by a licensed health care provider, trained in the management of concussions, acting within the scope of his or her practice.
- The athlete must receive written clearance to return to the activity from that licensed health care provider.
- Classroom accommodations will be forwarded to the athlete's teachers.
- When the athlete is cleared to begin the CIF Concussion Return to Play Protocol, it will be completed under the direct supervision of the athletic training staff.
- The athlete will take the ImPACT Test prior to any contact, and the results will be used to determine advancement in the protocol.
- Full return to play requires a release from the doctor as well as completion of the Return to Play Protocol.

http://www.cifstate.org/sports-medicine/concussions/CIF_Concussion_Return_to_Play_Protocol.pdf