

THE PLACE TO BE





Academic excellence and a caring community are the primary reasons parents cite for choosing to send their sons and daughters to Christian Brothers.





Welcome to Christian Brothers High School... the place to be!

As parents and professional educators, we know firsthand the importance of finding the best possible place for your son or daughter to prepare for success in college and life. We are honored you have included Christian Brothers in your search.

Christian Brothers High School truly is *the place to be* if you are looking for excellent academics in a nurturing, faith-filled community. Visitors to our campus often comment on the warm and welcoming feeling among the faculty, staff and students. This comes from the venerated tradition of St. John Baptist de La Salle and his core belief that the sacred mission of teachers is to touch the hearts and minds of the students entrusted to their care. Excellence is the standard as teachers challenge students to engage fully in a curriculum and a community that prepare them well for the academic rigors and social responsibilities of college.

CB's coeducational, multi-national environment allows students to grow and develop in a healthy setting that reflects the world they will encounter in college and in their careers. Education at Christian Brothers focuses on finding and fostering the God-given talents and gifts unique to each student. Our dedication to educating the whole child includes outstanding programs in the arts and athletics, as well as unique opportunities for meaningful community service. Clubs and co-curricular programs allow students to fully engage as valued members of our campus life.

Please tour our campus and talk with current students, parents and faculty to see firsthand the many reasons that make Christian Brothers High School *the place to be.*

Sincerely,

Lorcan P. Barnes, President

Lor can P. Barnes

Chris Orr, Principal



BE PART OF A COMMUNITY



Take a walk on the Christian Brothers High School campus and the feeling of community among the students, faculty and staff is palpable.

In its more than 140 years in Sacramento, this venerable high school has changed locations three times and been known by six different names. What remains unchanged is its inimitable spirit – the Lasallian spirit and tradition of teaching and caring for young people in a community steadfastly dedicated to the intellectual growth and spiritual well-being of its students.

Christian Brothers is an extraordinary community of students from a variety of ethnic, economic and spiritual backgrounds. Together, students learn to recognize their own self-worth, as well as the unique diversity and value of others.

With colleges, universities, primary and secondary schools in 80 countries serving approximately 1 million students, Lasallian educators live by the philosophy that the best teachers touch both hearts and minds.

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Inclusive community isn't a goal, but a standard; concern for the poor isn't an idea, but an action; respect for all people is a responsibility; and faith in the presence of God is a blessing.

ELMER LIZARDE '16, UCLA '20







BE CHALLENGED

Christian Brothers excels as a college preparatory high school.

Students are challenged to meet their God-given potential with a core curriculum that emphasizes reflective thinking, critical analysis and writing skills. A wide variety of elective courses enhance each student's opportunity to pursue advanced studies in his/her area of interest. Graduates are well prepared for the academic rigors of college and establish habits of lifelong learning and service.

Over 30 HONORS AND
ADVANCED PLACEMENT (AP)
CLASSES provide exceptionally
rigorous curricula and the
opportunity to earn college
credits while attending CB.

Academic Programs That Meet Students Where They Are

A panel of experienced educators evaluates every incoming 9th grader to determine the academic program that will best challenge him/her in the freshman year. Placement is based on a number of factors including placement exam results, standardized test scores, teacher recommendations, past coursework, student achievement and grades.

Christian Brothers has three categories of college preparatory curriculum for freshmen:

- Foundational College Prep
- College Prep
- Accelerated College Prep

Beyond freshman year, a student's courses are determined by past performance, areas of interest and teacher recommendations.
Students are not locked into a program or placement.

Scholar Program

Highly motivated students who seek the additional challenge of the most rigorous college preparation in all subjects are invited to join the Scholar Program following their first year at CB. Students selected to join the program benefit from activities that promote team building, leadership and Christian service.

Potential Scholars

- Are enrolled in honors courses.
- Meet established grade-level GPA requirements.
- Possess keen critical thinking skills.
- Learn rapidly.
- Desire to serve others through leadership.

Graduating from CB as a Scholar is one of the school's highest distinctions. Students who successfully complete the Scholar Program receive additional recognition at graduation and in their high school transcripts.





Christian Brothers was named one of "America's Most Challenging High Schools" by The Washington Post each of the past six years.

The Washington Post

BE AN ARTIST

Christian Brothers' dedicated, motivated and creative media, visual and performing arts faculty encourage and challenge students to succeed.

As Lasallian educators, they focus on finding and fostering the God-given talents and gifts unique to each student.

As part of its ongoing commitment to educating the "whole" child, Christian Brothers enhanced and expanded its commitment to the arts. It now boasts an outstanding roster of eight choral groups, seven instrumental performance groups, three annual theatre productions and numerous art classes and exhibitions. Currently, 600 students (more than half of the student body) participate in the arts.

Freshmen may enroll in visual art, men's chorus, women's chorus, beginning band, concert band or honors band. Both visual arts and the music department offer four-year programs that allow students to pursue advanced study in their chosen discipline. Theatre productions and courses are open to all students.



CB absolutely prepared me to succeed in the classroom. The theatre arts program fostered my love of performing and really instilled in me the confidence to follow my dreams.





GEORGE CUNNINGHAM '40 PERFORMING ARTS CENTER. This 16,500-square-foot campus gem houses the 350-seat Thea Stidum Theatre, Taylor Family Gallery and two music classrooms.

BE AN ATHLETE

Education at Christian Brothers extends beyond the classrooms into the athletic arena.

The school's athletic programs provide students with life lessons in teamwork, perseverance, competition and school spirit. Today, more than 700 student-athletes participate in one or more of the school's 27 sports.

Men's Athletics

- Baseball
- Basketball
- Cross-Country
- Diving
- Football
- Golf
- Lacrosse
- Rugby
- Soccer
- Swimming
- Tennis
- Track and Field
- Volleyball
- Water Polo

Women's Athletics

- Basketball
- Cheerleading
- Cross-Country
- Diving
- Golf
- Lacrosse
- Soccer
- Softball
- Swimming
- Tennis
- Track and Field
- Volleyball
- Water Polo





Attending Christian Brothers is the best decision I ever made. Thanks to my teachers and coaches, I had a fantastic high school experience and achieved my lifelong dream of playing football at the University of Oregon.

SPENCER WEBB '18. **UNIVERSITY OF OREGON '22**







High school years are an ideal time for young people to embrace and celebrate faith. The foundation of our mission as a Lasallian Catholic school is the spiritual development of our students.

Let us remember...that we are in the holy presence of God. Through our Lasallian Student Life program, students explore and experience faith in a community that allows their God-given gifts and talents to flourish. The Lasallian Student Life Office organizes liturgies and prayer services, coordinates a four-year retreat program, facilitates a vibrant Christian Service program and orchestrates numerous enriching co-curricular activities. Students actively participate in planning and putting together liturgies and prayer services and serve as retreat leaders who help organize and facilitate student and family retreats.

Enter to learn, leave to serve. While that motto is proudly inscribed on the tower of the school's state-of-the-art STEM wing, it is also inscribed on the heart of our learning philosophy. The school's Oak Park location provides for meaningful, ongoing service to some of the community's most vulnerable members. Students act as tutors and mentors to the children at the local elementary school. The Lasallian Youth, in conjunction with students in Lasallian schools throughout the United States, organize and participate in service activities and charity drives. Throughout the year, students take part in service projects including feeding the hungry, neighborhood clean-up

Lessons taught in the classroom come to life through Christian Service-Learning as students take those lessons and apply them through meaningful service projects

that help the school

and the community.



and helping the homeless.



DE LA SALLE

At the time of his death in 1719, De La Salle not only left a network of quality schools throughout France, but a legacy of inspiring others how to teach and care for young people. Today the De La Salle Christian Brothers continue that legacy – and have built a distinguished reputation for excellence in education, always in a nurturing, faith-filled environment. In 1876, the De La Salle Christian Brothers and members of the Catholic community brought that legacy to the Sacramento Valley, establishing a Christian Brothers school in Sacramento.



Enter to learn, leave to serve is not just a sign on a building. The faculty and staff at Christian Brothers High School work incredibly hard to ensure that students have numerous opportunities and experiences to serve others and grow in faith.

SELENA CONNELL '17, TEXAS CHRISTIAN UNIVERSITY '21



BE CONNECTED

Christian Brothers' Lasallian Catholic mission calls for innovation in ensuring that students are prepared to take their place as ethical leaders in an interdependent, diverse and rapidly changing world.

Today, that means an international, 21st century education that equips them with cultural knowledge, technological skills and integrity.

In 2012, CB launched an International Student Program. Since then, students have come to the school from various countries including China, Colombia, Germany, Italy, Japan, Korea, Sweden and more. Yet, welcoming young men and women from other countries and cultures is only part of the equation. Learning about other cultures is integrated throughout the curriculum. Teaching about other cultures, faiths and ways of living helps students better understand the various perspectives that frame the world in which they live.





Connecting in a Digital World

Technology is a vital component of 21st century learning, connecting students with the world in real-time. Teenagers today are surrounded by technology - the Internet, cell phones, Facebook, Instagram, Snapchat, text messaging, etc. Their ability to multitask and embrace new technologies has changed the way they learn and, in turn, changes the way CB instructors teach. Integrating technology into the classroom and enhancing the learning environment are priorities embraced at Christian Brothers.

In 2013, the school began its 1:1 student iPad program to harness students' energy and enthusiasm for technology while developing essential skill areas of complex communication, new media literacy, collaboration, creativity and self-directed learning. In a global economy where colleges and employers select candidates from around the world, CB graduates will be strategically positioned and prepared for success. With increased cultural understanding and the vast expanse of resources now available. Christian Brothers students have the world at their fingertips.



My family and I looked at many schools in the United States. Christian Brothers stood out for me as the best and it has definitely lived up to my expectations.

GELIANG 'NEIL' ZHANG '16. MICHIGAN STATE UNIVERSITY '20





BE IN A REAL-WORLD COEDUCATIONAL ENVIRONMENT

Back in the 1980s when discussions began between the Diocese of Sacramento, Christian Brothers High School, the Board of Regents, students, families, alumni and Sacramento's other Catholic high schools, it became clear that coeducation was an idea whose time had come.

Nearly 30 years after making that transition, the school stands as a stalwart example of just how right they were.

Look beneath CB's excellent college admissions and high standardized test scores, and you will find an inclusive, spirited school community grounded in reinforcing mutual respect and preparing students to thrive in the real world of college and beyond.

A growing body of research shows the benefits of coeducation include:

- Boosted confidence in expressing views in the presence of opposite-gender peers.
- An ability to make friends easily with both males and females.
- More opportunities to participate in co-curricular activities with opposite-gender peers.
- Increased participation by girls in the classroom.

As a Lasallian Catholic school, it is Christian Brothers' responsibility to prepare students to thrive in college, a workforce and world that include both men and women. Rather than separating boys and girls during this important developmental time, educators mindfully facilitate interactions that reinforce mutual respect, collaboration, friendship and learning to appreciate differences in others. Doing so in the classroom is ideal as it is both purposeful and supervised.



MOLLY HALLSTEN '16, UC BERKELEY '20

BE PREPARED FOR SUCCESS IN COLLEGE

Caring, attentive and highly-skilled college and guidance counselors work closely with each student to ensure they are well prepared, academically and socially, for success in high school and ultimately with the college admissions process.

CB provides students with dedicated grade-level counselors, a four-year comprehensive guidance program and a wellness and prevention program to proactively address the many choices and challenges facing teens today.

In a recent survey of CB graduates, 100 PERCENT
OF RESPONDENTS indicated that CB's academic programs prepared them for the rigors of college.





I loved my four years at CB. I met the most amazing people. My teachers challenged me to be my very best and I loved coming to school every day!

HALLIE MIKACICH '19 STANFORD UNIVERSITY '23

Recent graduates of Christian Brothers High School were offered admission to the following colleges and universities:

Academy of Art University University of Alabama Alabama A&M University American River College American University The American University of Paris Arizona State University University of Arizona Auburn University **Baylor University** Boise State University Boston College **Boston University Butler University** Butte College Cabrillo College Cal Maritime California Baptist University California College of the Arts California Institute of the Arts California Lutheran University California State Polytechnic University - Pomona California Polytechnic State University – San Luis Obispo California State University (all campuses) **UC Berkeley UC** Davis **UC Irvine UCLA UC Merced UC** Riverside UC San Diego UC Santa Barbara UC Santa Cruz Catholic University of America Chapman University Clemson University Coastal Carolina University Colby College University of Colorado at Boulder University of Colorado Colorado School of Mines Colorado State University Columbia University Concordia University - Irvine Cornell University Cosumnes River College

Creighton University

Dominican University

of California

Drexel University Eastern Washington University Elon University **Emerson College Emory University** Fisk University University of Florida Florida Institute of Technology Florida State University Folsom Lake College Fordham University University of the Fraser Valley Georgetown University University of Georgia Georgia State University Gonzaga University Grand Canyon University Hampton University University of Hawaii at Manoa Hawaii Pacific University Hillsdale College Hofstra University Holy Names University **Humboldt State University** University of Illinois at Urbana-Champaign Indiana University at Bloomington James Madison University University of Kansas Lane College Lindenwood University Long Island University -Brooklyn Louisiana State University Loyola Marymount University Loyola University Chicago Manhattan College Marquette University University of Massachusetts -Amherst Massachusetts College of Pharmacy & Health Sciences Massachusetts Institute of Technology Michigan State University University of Mississippi University of Missouri -Columbia University of Montana -Missoula

Montana State University -

Morgan State University

Mount Saint Mary's University

Bozeman

University of Nevada -Las Vegas University of Nevada - Reno University of New Hampshire at Durham University of New Mexico New York University Nichols College North Carolina State University Northeastern University Northern Arizona University University of Northern Colorado University of Notre Dame University of Oklahoma Oklahoma City University Oklahoma State University University of Oregon Oregon State University Pacific Lutheran University Pacific University University of the Pacific Pennsylvania State University Pepperdine University Point Loma Nazarene University Portland State University University of Portland Pratt Institute PrattMWP University of Puget Sound Purdue University University of Redlands Regis University Rensselaer Polytechnic Institute University of Rhode Island Rollins College Rotary Youth Internship Exchange - Brazil Sacramento City College Saint Louis University Saint Mary's College of California Saint Martin's University Salve Regina University University of San Diego San Diego State University University of San Francisco San Francisco State University San Joaquin Delta College San Jose State University College of San Mateo

Santa Barbara City College Santa Clara University School of the Art Institute of Chicago School of Visual Arts Schreiner University Scripps College Seattle Pacific University Seattle University Seton Hall University Sierra College Sonoma State University University of South Carolina Southeastern Louisiana University University of Southern California Southern Oregon University Southern University at New Orleans Stanford University Stetson University Stevens Institute of Technology St. John's University Suffolk University Swarthmore College Syracuse University University of Tampa Temple University Texas A&M University Texas Christian University The New School Thompson Rivers University Ohio State University University of Toronto Tuskegee University University of Utah Utah State University University of Victoria Villanova University Washington State University University of Washington University of Washington -Tacoma Weber State University Western Washington University Whittier College Willamette University William Jessup University University of Wisconsin -Madison University of Wyoming Xavier University of Louisiana



BE YOURSELF

Education at CB is more than textbooks, examinations and report cards.

Although these are all important, the goal at CB is to develop the whole person. With a diverse and wide range of student clubs and activities, we encourage all students to become involved in campus life outside of the classroom.

Student Government

- Associated Student Body Officers
- Class Councils

Activities and Clubs

- 3D Printing Club
- Academic Decathlon
- All Voices Heard
- Anime Club
- Art History Club
- Asian Cultural Alliance
- Black Student Union
- Book Club
- Christian Brothers Mascot Team
- Christian Brothers PRIDE
- · Classic Cinema Club
- Creator's Club

- Heartbeats
- Helping Others
- Intramural Basketball
- Junior Statesmen of America
- Kids 4 Kids
- La Raza
- Lasallian Youth
- · Literary Arts Journal
- Lumberiack Club
- Lunch Club
- Mathletes
- Mock Trial
- Model United Nations
- Moot Court
- · Movies with Reeve
- Official Bob Ross Club
- Open Mic
- Polynesian Club
- Red Cross Club
- Robotics
- Scholarship Club
- Science Olympiad
- Tea Time Club
- Theatre Society
- Twinning Club
- Ukulele Club
- Video Game League
- Wellness Club
- Wellspring Breakfast Club
- Young Conservatives
- Young Progressives





Students come to Christian Brothers from 75 zip codes throughout Sacramento and its surrounding communities.

Christian Brothers leads the region in providing need-based tuition assistance. The school provides \$2.7 MILLION **TO MORE THAN 400 DESERVING YOUNG MEN** AND WOMEN each year.











BE A FALCON

Admissions

Christian Brothers invites a wide range of students to apply for admission. Students who are accepted to the 9th grade each year range from individuals seeking the most rigorous college preparatory curriculum to young men and women needing additional skill development as they prepare for college. Courses are taught to ensure every student reaches his/her potential. Christian Brothers seeks to admit students from Catholic elementary schools, children of alumni and families presently enrolled as well as those from other religious, private and public schools. Since applications exceed the spaces available, all applicants must follow the procedures noted below.

- · Complete the online application, including the parent/student questionnaire.
- Teacher Evaluation Forms and Transcript Request Forms are available online or upon request through the admissions office
- Take the High School Placement Test at Christian Brothers in January.

Please visit our website at www.cbhs-sacramento.org for a complete admissions timeline including important deadlines and test dates.

Transferring to Christian Brothers

Christian Brothers welcomes students interested in transferring into the sophomore or junior year. The following process is offered to be considered for admission:

Campus Visits: Students considering transferring to Christian Brothers are invited to join us for a campus visit. Please contact the admissions office at (916) 733-3690 to schedule your visit.

Application, Transcripts and Recommendation Forms: Transfer applications are accepted online. The school will also need an immunization record, student transcript, daily attendance record and all required CIF paperwork.

Please contact the office of admissions at (916) 733-3690 or visit our website at www.cbhs-sacramento.org for more detailed information and exact dates.





CB DOES NOT DISCRIMINATE on the basis of gender, race, color or racial or ethnic origin in the administration of its education policies, admission policies or tuition assistance.

Christian Brothers High School prepared me well for every aspect of college. Academically, I had a solid foundation. Socially, CB reinforced respecting and appreciating the differences in others which is so important in acclimating to the college environment.

> **JESSICA KEEVER'17, HARVARD UNIVERSITY '22**

REUTHERS





CHRISTIAN BROTHERS HIGH SCHOOL

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